

KRISTINA HOWANSKY, PH.D.

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ACADEMIC APPOINTMENTS

Associate Professor, Department of Psychology <i>St. Mary's College of Maryland, St. Mary's City, MD</i>	2025 – Present
Assistant Professor, Department of Psychology Halieaeetus Leucocephalus Professorship (2023-2025) <i>St. Mary's College of Maryland, St. Mary's City, MD</i>	2019 – 2025
Adjunct Professor, Department of Psychology <i>Rutgers University, New Brunswick, NJ</i>	2014 – 2019
Adjunct Professor, Honors College <i>Rutgers University, New Brunswick, NJ</i>	2018
Adjunct Professor, Department of Psychology <i>Drew University, Madison, NJ</i>	2015

EDUCATION

Ph.D. Social Psychology, Rutgers University <i>Causes and consequences of biased perception of transgender individuals</i>	May 2019
M.S. Psychology, Rutgers University <i>Getting warmer: The optimal distance for motivating climate change mitigation</i>	October 2015
B.A. Marine Biology & Psychology, Rollins College	May 2012

HONORS AND AWARDS

** Mamie Phipps Clark Diversity Research Grants, <i>Psi Chi</i>	Summer 2025
* HHMI IE3 Small Grant, Developing an Interdisciplinary Inclusive Syllabus Review Tool, <i>St. Mary's College of Maryland</i>	Summer 2024
** Undergraduate Research Grant, <i>Psi Chi</i>	Summer 2023
** Mamie Phipps Clark Diversity Research Grants, <i>Psi Chi</i>	Fall 2021
** Mamie Phipps Clark Diversity Research Grants, <i>Psi Chi</i>	Summer 2021

	Faculty Development Grants, <i>St. Mary's College of Maryland</i>	2019-2021
*	Wilbert J. McKeachie Teaching Excellence Award, <i>Society for the Teaching of Psychology</i>	2019
*	Honors College Teaching Fellowship, <i>Rutgers University</i>	2017-2019
	Dissertation Research Award, <i>American Psychological Association</i>	2018
*	Social Area Award for Exceptional Teaching, <i>Rutgers University</i>	2016, 2018
*	TA Professional Development Fund Award, <i>Rutgers University</i>	2016, 2018
	Student Travel Award, <i>Society for Interpersonal Theory and Research</i>	2017
	Graduate Student Poster Award, <i>Society for Personality and Social Psychology</i>	2017
	Graduate Student Travel Award, <i>Society for Personality and Social Psychology</i>	2017
	Wayne F. Placek Grant, <i>American Psychological Foundation</i>	2016
	Psychology Travel Grant, <i>Rutgers University</i>	2014, 2016
	Student Poster Award Runner-Up, <i>Society for Personality and Social Psychology</i>	2016
*	Hybrid Grant Course Conversion Award, <i>Rutgers University</i>	2016
	Social Area Award for Exceptional Service, <i>Rutgers University</i>	2015
	Graduate School of Arts and Science Travel Grant, <i>Rutgers University</i>	2015
	Social Area Travel Grant, <i>Rutgers University</i>	2014, 2015
	Designated Master Scholar, <i>New York University</i>	2012
	Fiat Lux Award for Outstanding Student Leadership, <i>Rollins College</i>	2012
	Outstanding Service Award in Psychology, <i>Rollins College</i>	2012
	Award for Outstanding Achievement in Marine Biology, <i>Rollins College</i>	2012
	Centennial Scholarship, <i>Rollins College</i>	2008 – 2012
	Cram Science Scholarship, <i>Rollins College</i>	2008 – 2012
	Alonzo Scholarship, <i>Rollins College</i>	2008 – 2012

*Teaching grants, fellowships, and awards; **Undergraduate supervised grant

PUBLICATIONS

Journal & Other Peer-Reviewed Publications

Mirabile, S. P., Freedman, G., **Howansky, K.**, Lorenzetti, N. (2025). Foundations of anti-racist pedagogy: Creating an anti-racist classroom context. *Race and Pedagogy*, 6(4).

Baker, L., Pauketat, J. V. T., Blaine, S., Greer, C., **Howansky, K.**, Massiot, E., van Maarschalkerweed, M., & Winkler, R. (2025). Psycho-ecological autonomy and wildness: An observational study of rewilded Asian elephants in Thailand. *Society & Animals*.

*Ashenfelter, N., & **Howansky, K.** (2025). LGBTQ Minus: Predictors of anti-asexual bias among straight, gay, lesbian, and bisexual individuals. *Psi Chi Journal of Psychological Research*. 30(1), 26-37. <https://doi.org/10.24839/2325-7342.JN30.1.26>

*Van Wert, S., & **Howansky, K.** (2024). Fantasy worlds, real-life impact: The benefits of RPGs for transgender identity exploration. *The Journal of Homosexuality*. <https://doi.org/10.1080/00918369.2024.2320242>

Howansky, K., & Maimon, M. (2023). Fostering inclusivity in higher education through identity safety cues: A practical guide. In P. W. St. J. Watson, C. M. Rubie-Davies, & B. Ertl (Eds.). *The Routledge international handbook of gender beliefs, stereotype threat, and teacher expectations*. Routledge.

Young, D., Wilton, L., & **Howansky, K.** (2022). Initial evidence for shifting race essentialism beliefs in the classroom. *Teaching of Psychology*, 51(4), 396-401. <https://doi.org/10.1177/00986283221127384>

Maimon, M., **Howansky, K.**, & Sanchez, D. (2022). Fostering inclusivity: Exploring the impact of identity safety cues and instructor gender on students' impressions and belonging. *Teaching of Psychology*, 50(2), 105-111. <https://doi.org/10.1177/00986283211043779>

Howansky, K., Wittlin, N., *Bonagura, D., & Cole, S. (2022). Him, her, them, or none: Misgendering and degendering of transgender individuals. *Psychology & Sexuality*, 13(4), 1026-1040. <https://doi.org/10.1080/19419899.2021.1978529>

Howansky, K., Maimon, M., & Sanchez, D. (2022). Identity safety cues predict instructor impressions, belonging, and absences in the higher-ed classroom. *Teaching of Psychology*, 49(3), 212-217. <https://doi.org/10.1177/0098628321990362>

Howansky, K., Nucci, M. L., Cuite, C. L., & Jordan, R. (2021). (I think) I know, therefore I act: Examining the role of students' self-assessed knowledge on pro-environmental action. *Journal of Sustainability Education*. Online publication.

Howansky, K., Wilton, L., Young, D., *Abrams, S., & *Clapham, R. (2021). (Trans)gender stereotypes and the self: Content and consequences of gender identity stereotypes. *Self and Identity*, 20(4), 478 – 495. <https://doi.org/10.1080/15298868.2019.1617191>

Maimon, M., Sanchez, D., Albuja, A., & **Howansky, K.** (2021) Bisexual identity denial: The unique influence of identity denial experiences on bisexual mental health, meta-perceptions, and social concerns. *Self and Identity*, 20(4), 515 – 227. <https://doi.org/10.1080/15298868.2019.1624275>

Howansky, K., Albuja, A., & Cole, S. (2020). Seeing gender: Perceptual representations of transgender individuals. *Social Psychological and Personality Science*, 11(4), 474 – 482. <https://doi.org/10.1177/1948550619875143>

Howansky, K., Dominick, J. K., & Cole, S. (2018). The look of success or failure: Biased self-perceptions serve as informational feedback during goal pursuit. *Motivation Science*, 5(4), 314 – 325. <https://doi.org/10.1037/mot0000121>

Manuel, S. K., **Howansky, K.,** Chaney, K., & Sanchez, D. (2017). No rest for the stigmatized: An organizational health and workplace sexism (OHWS) model. *Sex Roles*, 77(9 – 10), 697 – 708. <https://doi.org/10.1007/s11199-017-0755-x>

*Bruno, S., **Howansky, K.,** Albuja, A.F., & Cole, S. (2016). Believing is seeing: The influence of a transgender label on visual perception and attitudes. *Rutgers Research Review*, 1(1).

*Gecha, S., **Howansky, K.,** & Cole, S. (2016). Perceived and objective knowledge about politics as predictors of political activism. *Rutgers Research Review*, 1(1).

Houston, J. M., Harris, P. B., **Howansky, K.,** & Houston, S. M. (2015). Winning at work: Trait competitiveness, personality types, and occupational interests. *Personality and Individual Differences*, 76, 49-51. <https://doi.org/10.1016/j.paid.2014.11.046>

Work Under Review

*Fraser, A., **Howansky, K.,** Zeligman, M. What doesn't kill you (sometimes) makes you stronger: The role of growth, meaning, and perceived control after trauma.

Freedman, G., **Howansky, K.,** Dainer-Best, J., Powell, D. N., Green, M. C. Creating interactive narratives to cope with social exclusion: A randomized longitudinal intervention study.

Manuscripts in Preparation (Advanced Stages)

Howansky, K., *Oates, I., & *DePolo, T. Unveiling cultural echoes: Exploring the intersections of cultural dehumanization, ingroup beliefs, and internalized transphobia among transgender individuals.

Howansky, K., Wilton, L., & Young, D. Cross-racial stereotyping of transgender individuals.

Maimon, M., *Blair, E., **Howansky, K.,** & Chen, J. Bye bi: Gay and lesbian people's beliefs about bisexual passing privilege and identity illegitimacy predict their bisexual identity denial beliefs.

PRESENTATIONS

Invited Talks

Howansky, K. & *Van Wert, S. (2024, October). Fantasy Worlds, Real-Life Impact: The Benefits of RPGs for Transgender Identity Exploration. Social Psychology Under Discussion, Virginia Commonwealth University.

Howansky, K. & *Van Wert, S. (2024, January). Fantasy Worlds, Real-Life Impact: The Benefits of RPGs for Transgender Identity Exploration. LGBTQ+ Psychology Network, University of Glasgow.

Howansky, K. (2023, August). Inclusivity in action: Using identity safety cues to improve student outcomes in higher education. Inclusive and Innovative Instruction Conference, St. Mary's College of Maryland.

Howansky, K. (2022, February). Tolerance of aggression towards transgender women: The roles of gender prototypicality and dehumanization. Society for Personality and Social Psychology Gender Pre-Conference, Virtual Due to COVID19.

Howansky, K. (2021, April). Transparent data practices: Tips & tools to level-up your data game. *Spring 2021 Virtual Colloquium Series*, Rutgers University.

Howansky, K. (2020, September). Transparent data practices: Tips & tools to level-up your data game. *Social Perception, Action, & Motivation Lab*, New York University.

Howansky, K. (2020, 2019, Fall). Getting into graduate school and CV development workshop. St. Mary's College of Maryland.

Howansky, K. (2018, September). Advances in data practices: Power analysis, p-curve, mini-meta, and more. *Social Perception, Action, & Motivation Lab*, New York University.

Howansky, K. (2017, December). The graduate school experience: The importance of success and failure. *Psychological Alliance Graduate Symposium*, Rutgers University.

Howansky, K., Kline, J., & Cole, S. (2017, November). The look of success or failure: Biased self-perceptions serve as informational feedback during goal pursuit. *Social Perception, Action, & Motivation Lab*, New York University.

Howansky, K., Albuja, A., & Cole, S. (2017, March). Bias is in the eye of the beholder: How perception contributes to prejudice against transgender individuals. *Social Psychology Colloquium Series*, Rutgers University.

Oral Presentations

Freedman, G., Powell, D. N., **Howansky, K.**, Dainer-Best, J., Green, M. C., *Armstrong, M., *Fuentes, L., *James, J., *Jones, D., & *Lutz, S. (2025, November). Testing the feasibility of an interactive-narrative writing intervention on coping with family rejection. In *Intergenerational influences on development and relationships* [Lightning paper session]. National Council on Family Relations Annual Conference, Baltimore, MD, United States.

Kurpad, N., **Howansky, K.**, & *Kobialka, H. (2024, August). Syllabi Review: Using the interdisciplinary, inclusive syllabus review tool. Inclusive and Innovative Instruction Conference, St. Mary's City, MD.

Howansky, K., & *Van Wert, S. (2024, March). Fantasy worlds, real-life impact: The benefits of RPGs for transgender identity exploration. Faculty Lecture Series. St. Mary's College of Maryland.

Howansky, K., Bonagura, D., Wittlin, N., Cole, S., Young, D., & Wilton, L. (2024, February). Identity denial through cognitive biases: Misgendering and stereotyping of transgender individuals. Society for Personality and Social Psychology Annual Convention. San Diego, CA.

Howansky, K., Maimon, M., & Sanchez, D. (2022, February). Inclusify your syllabi: Signaling safety to students in the psychology classroom. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

Gonzalez, G., Jordan, K., Naumann, L., Berntsen, L., & **Howansky, K.** (2022, February). Securing and thriving in a teaching-focused position. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

Howansky, K., Maimon, M., Johnson, I., & Pietri, E. (2021, October). Inclusify your syllabi: A practical guide to incorporating identity safety cues into your course syllabi. Society for the Teaching of Psychology's Annual Conference on Teaching, Virtual Due to COVID19.

Howansky, K. (2021, August). Inclusify your syllabi: A practical guide to incorporating identity safety cues into your course syllabi. Inclusive and Innovative Instruction Conference, St. Mary's City, MD.

Howansky, K., Wittlin, N., Albuja, A., Cole, S., Wilton, L., & Young, D. (2021, February). The cognitive and perceptual identity denial of transgender individuals. Society for Personality and Social Psychology Social Cognition Pre-Conference, Virtual Due to COVID19.

Howansky, K., Maimon, M., & Sanchez, D. (2020, October). Safety cues: Signaling inclusion to increase belonging and engagement. Society for the Teaching of Psychology's Annual Conference on Teaching, Virtual Due to COVID19.

Howansky, K., *Moorhead, A., *Green, S., Wilton, L., & Young, D. (2020, June). (Trans)gender stereotypes: Content and consequences of cross-racial transgender stereotypes. Society for the Psychological Study of Social Issues Conference, Denver, CO. (Conference canceled due to COVID19)

(A. Moorhead recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

Howansky, K. (2019, August). Overcoming barriers to student success. American Psychological Association Conference, Chicago, IL.

Howansky, K., Albuja, A., & Cole, S. (2018, June). Perceptual misgendering: Perceptual biases contribute to classification of transgender individuals. Society for the Psychological Study of Social Issues Conference, Pittsburgh, PA.

Cole, S., **Howansky, K., & Kline, J. (2018, May).** Do goal-relevant behaviors affect self-perceptions? Duck Conference on Social Cognition, Corolla, NC.

Howansky, K., Albuja, A., & Cole, S. (2018, March). Bias is in the eye of the beholder: A perceptual and attentional process model of transgender discrimination. Society for Personality and Social Psychology Gender Pre-Conference, Atlanta, GA.

Cole, S., **Howansky, K., & Kline, J. (2017, October).** The look of success: Biased self-perceptions act as informational feedback during goal pursuit. Society for Experimental Social Psychology, Boston, MA.

Howansky, K., Albuja, A., & Cole, S. (2017, July). Bias is in the eye of the beholder: How perception contributes to prejudice against transgender individuals. Society for Interpersonal Theory and Research, Pittsburgh, PA.

Cole, S., **Howansky, K., & Albuja, A. (2016, May).** Bias in the eye of the beholder: How perception and attention contribute to transgender discrimination. Duck Conference on Social Cognition, Corolla, NC.

Howansky, K., Albuja, A., Cole, S., & *Bruno, S. (2016, April). Bias is in the eye of the beholder: The influence of perception on evaluations of transgender individuals. Hunter College Psychology Convention, New York, NY.

Poster Presentations

*Brennan, T., *Condayan, S., & Howansky, K. (2025, May). Challenging essentialism: Chromosome education reduces rigid beliefs and improves attitudes toward transgender people. Association for Psychological Science Annual Conference, Washington D. C.

(T. Brennan & S. Condayan recipients of Bucknam-Glidden Fund Grant, St. Mary's College of Maryland)

*Van Wert, S., & **Howansky, K.** (2024, February). Fantasy worlds, real-life impact: The benefits of RPGs for gender identity exploration. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

(S. Van Wert recipient of Bucknam-Glidden Fund Grant, St. Mary's College of Maryland)

*Fraser, A., & **Howansky, K.** (2024, February). How to make sense of it all: The role of meaning in life in post-traumatic mental health outcomes. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

(A. Fraser recipient of Bucknam-Glidden Fund Grant, St. Mary's College of Maryland)

*Backus, G., & **Howansky, K.** (2023, February). Improving belonging in the college classroom for students with Autism Spectrum Disorders through identity safety cues. Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

*Oates, I., *DePolo, T., & **Howansky, K.** (2023, February). Transgender and gender non-conforming peoples' dehumanizing beliefs and experiences: Studies 1 - 3. Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

*Taylor, S., *McGurk, S., *Luhn, K., & **Howansky, K.** (2023, February). Perceptual conformity: Peer influence on perceptions of attractiveness. Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

(S. Taylor recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

*Oates, I., & **Howansky, K.** (2022, February). Transgender and gender non-conforming individuals' dehumanization beliefs and experiences. Society for Personality and Social Psychology Annual Convention, San Francisco, CA.

(I. Oates recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

*Blair, E., **Howansky, K.**, Maimon, M., & Chen, J. (2022, February). Perceived illegitimacy of bisexual identity: Exclusion from lesbian and gay spaces. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

(E. Blair recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

Brennan, K., **Howansky, K.**, & Cole, S. (2022, February). Protecting against relationship threat: Romantic partner bolstering. Society for Personality and Social Psychology Annual Convention, San Francisco, CA.

Maimon, M., **Howansky, K.**, & Chen, J. (2022, February). Modeling antecedents of gay and lesbian people's attitudes toward bisexuals. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

*Inoa, I., *Tagariello, J., Young, D. M., **Howansky, K.**, & Wilton, L. S. (2022, February). Initial evidence for shifting race essentialism beliefs in the anti-racist classroom. Society for Personality and Social Psychology Annual Convention, San Francisco, CA.

Maimon, M., **Howansky, K.**, & Sanchez, D. (2021, August). Identity safety cues benefit student engagement, belonging, and instructor impressions. Society for the Psychological Study of Social Issues Conference, Virtual Due to COVID19.

*Van Wert, S., & **Howansky, K.** (2021, February). Roleplaying video games & the gender identity development of transgender individuals. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

(S. Van Wert recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

*Moorhead, A., *Mawuli, J., **Howansky, K.**, Young, D., & Wilton, L. (2021, February). (Trans)gender stereotypes across racial groups: The relationships between stereotypes and deleterious consequences for transgender racial minorities. Society for Personality and Social Psychology Annual Convention, Virtual Due to COVID19.

(J. Mawuli recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

*Benares, B., *Bleckner, I., **Howansky, K.**, Young, D., Cole, S., & Wilton, L. (2020, February). Expressions elicited by attention to transgender individuals. Society for Personality and Social Psychology Annual Convention, New Orleans, Louisiana.

*Bonagura, D., **Howansky, K.**, & Cole, S. (2020, February). "He" can take it: Masculinity bias and perceptions of violence toward transgender women. Society for Personality and Social Psychology Annual Convention, New Orleans, Louisiana.

*Kal, S., **Howansky, K.**, & Cole, S. (2019, April). The dangers of biased perception: An exploration of transgender visual biases and their effect on aggression. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

*Bonagura, D., **Howansky, K.**, Albuja, A., & Cole, S. (2018, March). Is "she" the right person for the job? The use of pronouns when considering transgender job applicants. Eastern Psychological Association Conference, Boston, Massachusetts.

*Bruno, S., **Howansky, K.**, Albuja, A., & Cole, S. (2017, March). Believing is seeing: The influence of category labels on visual perception. Eastern Psychological Association Conference, Boston, Massachusetts.

Howansky, K., Albuja, A., *Bruno, S., & Cole, S. (2017, January). Bias is in the eye of the beholder: Perceptual biases influence evaluations of transgender individuals. Society for Personality and Social Psychology Conference, San Antonio, Texas. **Graduate Student Poster Award.**

Howansky, K., & Cole, S. (2016, May). Getting warmer: The optimal distance for motivating climate change mitigation. Association for Psychological Science Annual Convention, Chicago, IL.

*Bruno, S., **Howansky, K.,** Albuja, A.F., & Cole, S. (2016, April). Believing is seeing: The influence of a transgender label on visual perceptions and attitudes. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

*Galasso, M., **Howansky, K.,** & Cole, S. (2016, April). Think ahead: The influence of future mindset on pro-environmental intentions. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

*Gecha, S., **Howansky, K.,** & Cole, S. (2016, April). The more (you think) you know: The role of perceived knowledge of politics on activism intentions. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Howansky, K., & Cole, S. (2016, January). The more (you think) you know: Perceived knowledge of climate change predicts pro-environmental behavior. Society for Personality and Social Psychology Annual Convention, San Diego, California. **Graduate Student Poster Award Runner-Up.**

Howansky, K., & Cole, S. (2015, May). What do you actually know? Exploring the gap between perceived and objective climate change knowledge. Association for Psychological Science Annual Convention, New York, NY.

Manual, S., **Howansky, K.,** Chaney, K., & Sanchez, D. (2015, May). Sick on the job: Consequences of a sexist work environment for female employees. Association for Psychological Science Annual Convention, New York, NY.

Aiello, J.R., **Howansky, K.,** & *Brennan, K. (2015, April). Beyond mere presence: When distraction facilitates performance. Society for Industrial and Organizational Psychology Conference, Philadelphia, PA.

Harris, P.B., Houston, S., **Howansky, K.,** Collins, J., & Scartozzi, M. (2015, March). Making a difference? Individual actions students believe will limit climate change. Southeastern Psychological Association Conference. Hilton Head, South Carolina.

Aiello, J.R., **Howansky, K.**, *Singh, P., *Matthew, J., *Shod, K., & *Ortiz, C. (2015, February). The influence of physical and electronic presence on performance and psychology. Society for Personality and Social Psychology Annual Convention, Long Beach, California.

Howansky, K., Aiello, J.R., & Glushakow, J.M. (2014, August). Toward an integrated model of social facilitation. American Psychological Association Conference, Washington, D.C.

*Alcantara, P., **Howansky, K.**, & Aiello, J.R. (2014, April). Expanding presence in social facilitation research: How cameras and other types of indirect presence affect performance. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

*Kosakowski, S., **Howansky, K.**, & Aiello, J.R. (2014, April). Developing a reliable methodology for social facilitation tasks. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Harris P. B., Houston, J. M., Scartozzi, M., **Howansky, K.**, & Collins, J. (2013, August). Relating political and environmental ideologies to denial of climate change. American Psychological Association Conference, Honolulu, HI.

Howansky, K., Harris, P. B., Collins, J., & Scartozzi, M. (2013, January). Applying the theory of planned behavior to describe and predict pro-environmental actions related to climate change. Society for Personality and Social Psychology Annual Convention, New Orleans, Louisiana.

Houston, J. M., Harris, P. B., Chan, R., Kissinger, A., & **Howansky, K.** (2012, August). Winning in the workplace: Competitiveness and occupational interests. American Psychological Association Conference, Orlando, Florida.

Harris, P. B., Collins, J., **Howansky, K.**, & Scartozzi, M. (2012, February). Climate change: Attitudes, denial, control, and behavior. Southeastern Psychological Association Conference, New Orleans, Louisiana.

*Denotes undergraduate co-author/presenter

Media Appearances

Jimenez, G. (2024). Slipping on your new year's resolutions? Science tips to get on track. *Scientific American*.
<https://www.scientificamerican.com/article/slipping-on-your-new-years-resolutions-science-tips-to-get-on-track/>

Howansky, K. (Contributor). (2021, January 19). How can I employ radical empathy to teach during a pandemic? (No. 058) [Audio podcast episode]. In *PsychSessions: Conversations about Teaching N' Stuff*. <https://www.stitcher.com/s?eid=80934013&refid=asa>

Howansky, K. (2019, October 10). Three things I wish I knew as a graduate student teacher [Invited blog post]. Retrieved from <https://teachpsych.org/page-1784686/7927016>

Howansky, K. (Contributor). (2018, September 17). Controversial topics and diversity in the classroom (No. 2) [Audio podcast episode]. In *TAPcast*. Rutgers TA Project.
<https://anchor.fm/rutgers-teaching-assistant-project/episodes/S1E2-Kristina-Howansky-on-Controversial-Topics-and-Diversity-in-the-Classroom-e2bu0d>

TEACHING EXPERIENCE

Instructor

St. Mary's College of Maryland

- Emerging Scholars in Psychology
- Psychology Research, Analysis, and Writing II
- Psychological Research, Analysis, and Writing I
- Social Psychology
- Psychological Science: Summer Bridge Program
- Psychology of Sharks
- Psychological Statistics

Rutgers University

- Quantitative Methods-Online Hybrid
- Social Psychology
- Honors College Innovation Forum
- Quantitative Methods
- Behavioral Data Analysis

Drew University

- Laboratory in Social Psychology

Teaching Assistant

Rutgers University

- General Psychology: Gateway Recitation Instructor
- Social Psychology
- Adolescent Development
- General Psychology
- Infant and Child Development
- Abnormal Psychology
- Quantitative Methods Recitation Instructor

Guest Lecturer

CUNY – Hunter College

Conservation: Human-Animal Relationships (Graduate-Level)

Rutgers University

Abnormal Psychology

General Psychology

Social Psychology

Quantitative Methods

Designing Your Own Course Seminar (Graduate-Level)

Academy for the Scholarship of Teaching and Learning (Graduate-Level)

Teaching Assistant Orientation (Graduate-Level)

Middlesex County College

Introduction to Psychology

UNDERGRADUATE MENTORSHIP

Senior Theses Supervision

2020 – Present

St. Mary's Projects, St. Mary's College of Maryland

Shannon Lutz (Myron G. Marlay SMP Award for Science Winner)

Logan Klasmeyer

Leslie Fuentes

Trinity Boone

Natalie McConnell

Audrey Dickens

Jason Caro

Mia Azurin

Hayley McKulka

Sonder Van Wert (Psychology SMP Award Winner, published *Journal of Homosexuality*)

Jetta Murphy

Summer Taylor

Nick Ashenfelter (published *Psi Chi Journal of Psychological Research*)

April Fraser (*Psi Chi* grant recipient)

Gabi Backus (Psychology SMP Award Nominee)

Jacinda Thomas

Bryce Harden

Kayla Luhn

Jannah Mawuli

Alden Hegwood

Heather Johnson

Erika Blair (Psychology SMP Award Nominee)
 Oliver Brady
 Kenzie Brooks
 Lynx Gabinet-Bethouille
 Josephina Pisano

Honors Theses, Rutgers University

Darla Bonagura	2017 – 2018
Thomas Buchenot	2016 – 2017

Social-Personality Undergraduate Research Mentor

Society for Personality and Social Psychology

Isaias Ghezae	2021 – 2022
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Cooper Research Fellowship Supervisor

Rutgers University

Shreya Bajpai	2017
Caitlin Smith	2016
Carlos Ortiz	2014

Aresty Research Grant Supervisor

Rutgers University

Sharon Kal	2018 – 2019
Josephina Kim	2017 – 2018
Olivia Wallden	2016 – 2017
Monica Galasso	2015 – 2016
Sydney Gecha	2015 – 2016
Samantha Bruno	2015 – 2016
Steven Kosakowski	2013 – 2014
Pam Alcantara	2013 – 2014

PROFESSIONAL SERVICE

Service to the Department

204/206 Committee	2020 – Present
Psychology Inclusivity, Diversity, & Equity Committee (Chair SP23)	2020 – Present
High School Visit Volunteer	2019 – Present
Culture and Community Search Committee	2024 – 2025
Psychology Lecturer Search Committee	2024 – 2025
Psi Chi Faculty Advisor	2023 – 2025
Lecture Series Committee (Chair SP23- SP24)	2020 – 2024
Developmental Psychology Search Committee	2023

Service to the College

Curriculum Review Committee	2024 – Present
IRB Co-Chair	2023 – 2025
Campus Life Committee Faculty liaison to the Board of Trustees	2020 – 2025
Admissions Events Volunteer	2019 – 2024
SOAR Summer Advising	2023, 2024
LGBTQIA+ Advisory Committee	2022 – 2023
Women, Gender, and Sexuality Studies Steering Committee	2021 – 2022

Service to the Field*Consulting Editor**Teaching of Psychology**Ad-Hoc Reviewer**Journal of Homosexuality**Psychology of Sexual Orientation and Gender Diversity**Routledge Open Research**Teaching of Psychology**Social Psychological and Personality Science**Journal of Experimental Social Psychology**Journal of Experimental Psychology**Personality and Social Psychology Bulletin**Sex Roles**Journal of Applied Social Psychology**Social Cognition**Australian Journal of Psychology**Frontiers in Psychology**Journal of Applied Research in Memory and Cognition**Climatic Change*

Watson, P. (2023). *The international handbook of gender beliefs, stereotype threat, and teacher expectations*. Routledge.

Grisson, S., & Gazzaniga, M. *Psychology in your life*. (4th Ed.)

Morling, B. *Research methods in psychology: Evaluating a world of information*. (4th Ed.)

Award Selection Committee & Conference Reviewer

SPSSI Teaching Grant Committee

McKeachie Teaching Excellence Award Committee

SPSP Outstanding Student Research Award Reviewer

American Psychological Association Division 8 Reviewer
 American Psychological Association Division 9 Reviewer
 Society for Personality and Social Psychology Graduate Poster Award Reviewer
 Aresty Undergraduate Research Symposium Judge
 Society for Personality and Social Psychology Outstanding Research Award Reviewer
 Association for Psychological Science RISE Award Reviewer
 Society for the Study of Motivation Poster Reviewer

Volunteer and Community Work

St. Mary's County Commission for Women
 Affective and Behavioral Regulatory Processes Conference Co-Organizer
 Society for the Study of Motivation Conference Volunteer

PROFESSIONAL TRAINING

Adult Mental Health First Aid Training, <i>National Council for Behavioral Health</i>	2021
Decolonizing Psychology Training Conference, <i>Columbia University</i>	2021
Academics for Black Survival and Wellness, <i>Academics for Black Lives</i>	2020
Culturally Proficient Leadership, <i>St. Mary's College of Maryland</i>	2020
Academy for the Scholarship of Teaching & Learning Fellow, <i>Rutgers University</i>	2017 – 2019
Honors College Fellow, <i>Rutgers University</i>	2018
Rutgers Online Learning Conference, <i>Rutgers University</i>	2016
Designing Your Own Course Seminar, <i>Rutgers University</i>	2014
History and Future of (Mostly) Higher Education, <i>Duke University</i>	2014
University Teaching 101, <i>Johns Hopkins University</i>	2014

SPECIALIZED SKILLS

SPSS
 Qualtrics
 Inquisit
 Survey Monkey
 Sakai
 Blackboard
 Moodle
 Tobii Eyetracker X-30
 Shimmer GSR & Heart Rate Monitor
 Emotient FACET Facial Emotion Software
 iMotions
 Camtasia

PROFESSIONAL MEMBERSHIPS

Society for the Teaching of Psychology
American Psychological Association
Society for Personality and Social Psychology
Society for the Psychological Study of Social Issues
Eastern Psychological Association
International Society for Self and Identity