

# Curriculum Vitae

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## Ayse S. Ikizler, Ph.D.

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St. Mary's College of Maryland  
 18952 E. Fisher Road  
 St. Mary's City, MD 20686  
 asikizler@smcm.edu

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### Professional Appointments

<b>Associate Professor of Psychology</b> Department of Psychology St. Mary's College of Maryland – St. Mary's City, MD	<b>August 2022 – Present</b>
<b>Licensed Clinical Psychologist</b> Mind Body Health, LLC Arlington, VA	<b>July 2022 – Present</b>
<b>Assistant Professor of Psychology</b> Department of Psychology St. Mary's College of Maryland – St. Mary's City, MD	<b>August 2016 – July 2022</b>
<b>APA-Accredited Doctoral Psychology Internship</b> Counseling Center University of Maryland – College Park, MD	<b>July 2015 – June 2016</b>

### Education

<b>Doctorate of Philosophy in Counseling Psychology</b> University of Tennessee – Knoxville, TN Major advisor: Dawn M. Szymanski, Ph.D. <i>Dissertation: Ethnic Discrimination and Psychological Distress among Middle Eastern/Arab Americans: The Roles of Religiosity, Coping, Ethnic Identity, and Family Connectedness</i>	<b>August 2016</b>
<b>Master of Arts in Psychology</b> University of Tennessee – Knoxville, TN <i>Thesis: A Qualitative Study of Middle Eastern/Arab American Sexual Minority Identity Development</i>	<b>May 2013</b>
<b>Bachelor of Arts in Psychology</b> Minor: Women, Gender, and Sexuality Studies St. Mary's College of Maryland – St. Mary's City, MD Graduated with honors Major advisor: Elizabeth Nutt Williams, Ph.D. <i>Thesis: Gender Role Representations in Turkish Television Programs</i>	<b>May 2007</b>

## Awards and Distinctions

Homer L. Dodge Award for Excellence in Teaching (\$1500) by a Junior Faculty Member	<b>Spring 2022</b>
University of Tennessee Department of Psychology Travel Award (\$600), Graduate Student Senate Travel Award (\$260), and College of Arts & Sciences International Travel Award (\$100)	<b>Summer 2015</b>
University of Tennessee Psychology Science Alliance Award (\$1500) for exceptional scholarship and research accomplishments	<b>Spring 2014</b>
University of Tennessee Department of Psychology Travel Award (\$600)	<b>Spring 2014</b>
University of Tennessee Department of Psychology Travel Award (\$500), Psychology Graduate Student Association Travel Award (\$100), and Graduate Student Senate Travel Award (\$100)	<b>Summer 2012</b>
Spot Award from the American Institutes for Research for superior management of \$30 million proposal to U.S. Department of Education	<b>June 2010</b>
Spot Award from the American Institutes for Research for exceptional effort and success in planning and executing data collection activities	<b>June 2009</b>
Recognized as St. Mary's Scholar (highest academic honor)	<b>Spring 2007</b>
<i>Lisa Zsebedics Memorial Award</i> for outstanding commitment to studying human development	<b>Spring 2005</b>
Dean's List	<b>2003 – 2007</b>

## Teaching Experience

### Courses Taught as Tentured/ Tenure-Track Faculty at SMCM

**CORE 101: First-Year Seminar** (including writing-intensive pilot Fall 2019)  
**PSYC 280: Counseling Theories and Methods**  
**PSYC 303: Writing and Research Methods in Psychology**  
**PSYC 310: Scientific Writing and Professional Development in Psychology**  
**PSYC 330: Abnormal Psychology** (since renamed Psychopathology)  
**PSYC 263: Multicultural Psychology** (formerly PSYC 363: Cross-Cultural Psychology)  
**PSYC 365: Laboratory Seminar in Culture & Community** (Racial/Ethnic Identity)  
**PSYC 370: Counseling Psychology with Laboratory**  
**PSYC 487: Advanced Topics in Culture & Community** (Service Learning for Social Justice; formerly  
 PSYC 410: Service Learning in Psychology)  
**PSYC 493/494: St. Mary's Projects** (two mentees have won Psychology SMP Award)  
**PSYC x97: Directed Research in Counseling Psychology**

## **Courses Taught as Graduate Teaching Assistant/Associate**

### **Instructor of Abnormal Psychology**

**Summer 2013, Fall 2013, Spring 2014**

Department of Psychology  
University of Tennessee – Knoxville, TN

### **Instructor of Research Analysis in Psychology**

**Fall 2012, Spring 2013**

Department of Psychology  
University of Tennessee – Knoxville, TN

### **Instructor of General Psychology**

**Summer 2011, Fall 2011, Spring 2012**

Department of Psychology  
University of Tennessee – Knoxville, TN

### **Graduate Teaching Assistant for General Psychology**

**Fall 2010, Spring 2011 2011**

Department of Psychology  
University of Tennessee – Knoxville, TN

## **Student Mentee Refereed Presentations**

(St. Mary's Projects presented at regional/national conferences)

Robinson, S. (2019, April). *Gender stereotypes and LGBTQ topics within elementary school classrooms*. Poster presented at the L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.

Vickery, H. (2019, April). *The exploration of grief intervention with adults who experienced loss during childhood*. Poster presented at the L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.

## **Publications**

(\* denotes student collaborator/ mentee)

### **Peer-Reviewed Journal Articles**

El-Oqlah, E.\*, Amini, B.\*, and **Ikizler, A.S.** (in-press). Invisible minority: MENA graduate students' experiences in psychology programs. *Training and Education in Professional Psychology*.

Awad, G., **Ikizler, A.S.**, Abdel Salam, L., Kia-Keating, M., Amini, B., & El-Ghoroury, N. (2021). Foundations for an Arab/MENA Psychology. *Journal of Humanistic Psychology*.  
<https://doi.org/10.1177/00221678211060974>

**Ikizler, A. S.** & Szymanski, D. M. (2018). Discrimination, religious and cultural factors, and Middle Eastern/Arab Americans' psychological distress. *Journal of Clinical Psychology*, 74, 1219-1233. DOI: 10.1002/jclp.22584

\* This article is featured in the inaugural Research Spotlight of the American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy)

Szymanski, D. M., **Ikizler, A. S.**, & Dunn, T. (2016). Sexual minority women's relationship quality: Examining the roles of multiple oppressions, silencing the self, and relationship type. *Psychology of Sexual Orientation and Gender Diversity*, 3, 1–10. DOI: 10.1037/sgd0000145

*\* This article was selected for inclusion in APA Journals Article Spotlight™*

Szymanski, D. M., Dunn, T.L., & **Ikizler, A.S.** (2014). Multiple minority stressors and psychological distress among sexual minority women: The roles of rumination and maladaptive coping. *Psychology of Sexual Orientation and Gender Diversity*, 1, 412-421. DOI: 10.1037/sgd0000066

**Ikizler, A. S.**, & Szymanski, D. M. (2014). A qualitative study of Middle Eastern/Arab American sexual minority identity development. *Journal of LGBT Issues in Counseling*, 8, 206-241. DOI: 10.1080/15538605.2014.89729

*\*This article was recognized as one of the most downloaded articles published in Routledge Behavioral Sciences journals in 2014.*

Szymanski, D.M., & **Ikizler, A.S.** (2013). Internalized heterosexism as a mediator in the relationship between gender role conflict and heterosexist discrimination and depression among sexual minority men. *Psychology of Men & Masculinity*, 14(2). DOI: 10.1037/a0027787

### **Other Publications**

**Ikizler, A. S.**, Altıntaş-Atay, Ö.\*, & Kalantis,\* M. (2024). Beyond Single Stories: Understanding Intersectionality in Mental Health Research and Practice. In S. Poyrazli & A. Çiftçi (Eds.). *Multicultural Issues for Counselors and Therapists: Implications for Türkiye*.

Awad, G.H., **Ikizler, A.S.**, & Maghsoodi, A.H.\* (2023). Chapter 16: Stress and Health Among MENA/Arab Americans. In S. Nassar, J. Hakim-Larson, K. Ajrouch, & F.J. (Eds.), *A Biopsychosocial Approach to Arab Americans: Perspectives on Culture, Development, and Health: Second Edition* (2nd ed.). Springer.

**Ikizler, A. S.** (2017). Arab Americans and sexual orientation. In *The SAGE Encyclopedia of Psychology and Gender*. Thousand Oaks, CA: SAGE.

**Ikizler, A. S.** (2017). Arab Americans and transgender identity. In *The SAGE Encyclopedia of Psychology and Gender*. Thousand Oaks, CA: SAGE.

National High School Center, National Center on Response to Intervention, and Center on Instruction. (2010). Tiered interventions in high schools: Using preliminary “lessons learned” to guide ongoing discussion. Washington, DC: American Institutes for Research

National High School Center. (2008). Eight elements of high school improvement: A mapping framework (Rev. ed.). Washington, DC: National High School Center at the American Institutes for Research. Retrieved from <http://www.betterhighschools.com/pubs/documents/EightElementsMappingFramework.pdf>

National High School Center. (2008, June). *Adolescent literacy annotated bibliography*. Washington, DC: Author. Resource distributed at the National High School Center (NHSC) Summer Institute.

National High School Center. (2008, June). *Dropout prevention annotated bibliography*. Washington, DC: Author. Resource distributed at the National High School Center (NHSC) Summer Institute.

## Invited Presentations

- El-Ghoroury, N., Amini, B., & **Ikizler, A.S.** (2023, September). Does AMENA-Psy Need Its Own Ethics Code? (Panel). The Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy) Conference, Ann Arbor, MI.
- Ikizler, A.S.** et al. (2023, September). Navigating Research Careers: Perspective from AMENA Scholars. (Roundtable). The Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy) Conference, Ann Arbor, MI.
- Wang, C., Burdine, K., Blum, L., Cronin, S., **Ikizler, A.S.**, Pohto, P., & Segarra, Y. (2022, August). Workgroup recommendations for Introduction to Counseling Psychology. In A. Reynolds, (Chair), *Transforming Counseling Psychology Curriculum and Praxis Showcase*. Presented at the Annual American Psychological Association Convention, Minneapolis, MN.
- Ikizler, A.S.** (October, 2021). *Inclusive Leadership Across Racial Communities*. CNPAAEMI Leadership Development Institute.
- Millàn, F., Hsu, H., Jackson, T., **Ikizler, A.S.**, Romero, A., GreyWolf, I. (2021, May). *Pathways forward: EMPAs speak to BIPOC resilience, collaboration and solidarity* [Part 5]. We hold these truths: Perspectives on health disparities, racial identities & cultural humility [Virtual Webinar Series]. Hosted online by The Trust Practice and Risk Management Association (TrustPARMA).
- Ikizler, A.S.**, *Mental health issues and challenges faced by minority students on campus*. (2020, March). Student-Athlete Advisory Committee (SAAC) Mental Health Day (Virtual Conference).
- Awad, G., **Ikizler, A.S.**, Amini, B., Kia-Keating, M., & Abdel-Salam, L. (2020, September 26). *AMENA-Psy history* [Keynote Panel, Part I]. AMENA-Psy Conference: Coming Together: Shaping and Nurturing a Strong Future for AMENA-Psy (Virtual Conference).  
<https://www.amenapsy.org/index.cfm?fuseaction=Page.ViewPage&pagelid=518>
- Awad, G., **Ikizler, A.S.**, Amini, B., Kia-Keating, M., & Abdel-Salam, L. (2020, September 26). *Envisioning the future of AMENA-Psy*. [Keynote Panel, Part 2]. AMENA-Psy Conference: Coming Together: Shaping and Nurturing a Strong Future for AMENA-Psy (Virtual Conference).  
<https://www.amenapsy.org/index.cfm?fuseaction=Page.ViewPage&pagelid=518>
- Millàn, F., Hsu, H., Jackson, T., **Ikizler, A.S.**, Romero, A., & Peters, W. (2020, November). *Systemic racism in psychology: National Ethnic Minority Psychological Association (NEMPA) perspectives* [Part 2]. We hold these truths: Perspectives on health disparities, racial identities & cultural humility [Virtual Webinar Series]. Hosted online by The Trust Practice and Risk Management Association (TrustPARMA).
- Mensah, K., **Ikizler, A.S.**, & Mirabile, S. (2017, August). *Facilitating Difficult Diversity-Related Classroom Discussions* (Co-Facilitator). Teaching Excellence Workshop Series, St. Mary's City, MD.

**Ikizler, A.S.** (2016, May). Xenophobia (Emphasis on Islamophobia). IDEA Research & Development Session. University of Maryland, College Park, MD.

## Refereed Conference Presentations

(\* denotes student collaborator/ mentee)

Amini, B.\*, El-Oqlah.\*, & **Ikizler, A.S.** (2024, September). Invisible Minority: MENA Graduate Students' Experiences in Psychology Programs. The Annual Conference of the Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy). (Virtual Conference)

Taouk, L.H.\*, Gunthert, K.C., & **Ikizler, A.S.** (2022, November). Middle Eastern and North African (MENA) Americans: Perceived Invisibility and Mental Health Outcomes (Poster Presentation). Association for Behavioral and Cognitive Therapies (ABCT) 56th Annual Convention, New York City, NY.

Atari-Khan, R., Amini, B.\*, & **Ikizler, A.S.** (2022, August). Honoring understandings of well-being in Arab/MENA American communities (Conference Symposium). American Psychological Association Convention, Minneapolis, MN.

Kira, I., Ahmed, S., **Ikizler, A.S.**, & Atari-Khan, R. (2021, September). Diverse perspectives on conducting research on Arab/MENA populations: Importance, challenges, strategies, and future directions (*Working Title*) [Roundtable Discussion, moderated by the AMENA-Psy Research/Education Committee]. The Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy) Conference (Virtual Conference).

McLaughlin, M., Weisman de Mamani, A., Hashem, H., Awad, G., Awaad, R., Langroudi, K.F., & **Ikizler, A.S.** (2021, November). Seeking help while being othered: The effect of Islamophobia and discrimination on Muslims living in the United States (Conference Symposium). Association for Behavioral and Cognitive Therapies Convention, Virtual.

Bailey, A.M., Fernandez, G.M., Freedman, G., **Ikizler, A.S.**, & Mantell, J.T. (2021, June). Strategies for successful curricular change to provide equity in undergraduate research Opportunities: Transforming the curriculum [Conference session]. The Council for Undergraduate Research's (CUR) Centering Diversity, Equity, and Inclusion in Undergraduate Research and Creative Activity Conference, Virtual.

Mechammil, M., Kia-Keating, M., Soheilian, S.S., Khan, S.R., & **Ikizler, A.S.** (2020, August 6-9). *Mental health stigma and MENA Americans: Intersectional and sociopolitical contexts* [Conference session]. American Psychological Association Convention, Washington, DC (Division 17 programming cancelled due to COVID).

**Ikizler, A.S.**, Ontiveros, E.E., & Amini, B.\* (2020, April 2-4). Understanding the racial ambiguity of the Middle Eastern and North African (MENA) community: Perspectives on clinical supervision and treatment [Conference session]. Counseling Psychology Conference, New Orleans, LA (Conference cancelled due to COVID).

**Ikizler, A.S.** (2018, August). Reaching LGBTQ Muslim populations: They do exist! In L. Shawahin, (Chair), *Research as Advocacy: Strategies for engaging Muslim Americans in research*. Skill-building

session presented at the annual meeting of the American Psychological Association, San Francisco, CA.

**Ikizler, A.S., & Szymanski, D.M.** (2018, August). Role of discrimination and cultural factors in Middle Eastern/Arab Americans' psychological distress. In P. Eftekharzadeh and G.H. Awad, (Co-Chairs), *Discrimination and mental health outcomes in Middle Eastern/North African communities*. Symposium presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Shawahin, A.S., & **Ikizler, A.S.** (2018, February). *Western paternalism, anti-Muslim prejudice, and Muslim women in the United States*. Roundtable discussion presented at the 35<sup>th</sup> annual winter roundtable, New York, NY.

**Ikizler, A.S., & Szymanski, D.M.** (2016, August). *Discrimination, religious and cultural factors, and Middle Eastern/Arab Americans' psychological distress*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

**Ikizler, A.S., Keum, B.T., & Oba, Y.** (2016, August). *Conducting research on marginalized identities: When research is "Me-Search."* Roundtable discussion presented at the annual meeting of the American Psychological Association, Denver, CO.

Choi, N., Ege, E., Giordano, G., & **Ikizler, A.S.** (2016, February). *The impact of client and counseling center variables on early termination among sexual minority clients*. Poster presented at the annual Big Ten Counseling Centers Conference, West Lafayette, IN.

**Ikizler, A.S., & Ege, E.** (2015, September). *Understanding and serving Muslim students on campus*. Workshop presented at the Dennis H. May Conference on Diversity Issues and the Role of Counseling Centers, Champaign, IL.

Ikizler, A.S., & Ege, E. (2016, March). *Exploring counselor competency when working with Muslim clients: Preliminary results*. Poster presented at the 8<sup>th</sup> Annual Muslim Mental Health Conference, Dearborn, MI.

**Ikizler, A. S., Szymanski, D. M., & Dunn, T. L.** (2015, August). *Multiple oppressions, silencing the self, and sexual minority women's relationship quality*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Dunn, T. L., Szymanski, D. M., & **Ikizler, A. S.** (2015, August). Multiple oppressions-psychological distress links: The roles of rumination and coping. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.

**Ikizler, A.S.** (2015, January). Multicultural competence in social justice advocacy: An example from my experience empowering survivors of domestic violence. In J. A. Lewis, (Chair), *Advancing social justice training in multicultural psychology: The Scientist-Practitioner-Advocate Model*. Symposium presented at the National Multicultural Conference and Summit, Atlanta, GA.

**Ikizler, A.S.** (2014, March). The Family Justice Center: Meeting the needs of survivors of domestic violence and advocating for change. In J. A. Lewis and J. R. Miles, (Co-Chairs), *The Scientist-*

*Practitioner-Advocate Model: Social justice training in action.* Symposium presented at the International Conference of Counseling Psychology, Atlanta, GA.

**Ikizler, A.S., & Paul, D.** (2014, March). *Gender and sexuality in the Middle East.* Panel discussion led as part of University of Tennessee's Sex Week, Knoxville, TN.

**Ikizler, A.S.** (2013, October). *Sexual minority identity development among Middle Eastern/Arab Americans.* Lecture presented at the Annual OUTstanding Seminar in Knoxville, TN.

**Ikizler, A.S., & Szymanski, D.M.** (2012, August). *Sexual minority identity development among individuals of Middle Eastern/Arab descent.* Poster session presented at the Annual Convention of the American Psychological Association, Orlando, FL.

Szymanski, D.M. & **Ikizler, A.S.** (2012, August). *Internalized heterosexism as a mediator in the relationship between gender role conflict, heterosexist discrimination, and depression among sexual minority men.* Poster session presented at the Annual Convention of the American Psychological Association, Orlando, FL.

Heppen, J.B., Cai, C., Clement, K., **Ikizler, A.S.**, Marks, V.R., & Aladjem, D.K. (2008, March). *Measuring progress in district reform: Multi-site evaluation of the GE foundation's college-bound district program.* Paper presented at the American Educational Research Association (AERA) Annual Meeting, New York, NY.

## Research Positions Held

Multicultural-Feminist Psychology Research Laboratory  
Department of Psychology  
University of Tennessee – Knoxville, TN  
Advisor: Dawn M. Szymanski, Ph.D.

**August 2010 – May 2016**

**Assistant Administrator**  
*SONA Research Participation Software System*  
Department of Psychology  
University of Tennessee – Knoxville, TN

**August 2014 – May 2015**

**Graduate Research Assistant**  
*Journal of Counseling Psychology*  
Department of Psychology  
University of Tennessee – Knoxville, TN

**August 2010 – May 2011**

**Research Assistant/Associate**  
American Institutes for Research  
Washington, D.C.

*Specific Projects:*

*Virtual Algebra Study, U.S. Department of Education*

*Regional Educational Laboratory – Northeast and Islands (REL-NEI)*

*National High School Center, U.S. Department of Education*

**Sept. 2008 – July 2010**

**June 2007 – July 2010**



*General Electric Foundation Evaluations*

**June 2007 – Oct. 2008**

**Data Collection Volunteer**

**Sept. – Oct. 2008**

*DC VOICE*

Washington, D.C.

**Research Assistant**

**Sept. – Dec. 2005**

*Laboratory of Jennifer J. Tickle, Ph.D.*

Department of Psychology

St. Mary's College of Maryland – St. Mary's City, MD

## Service and Leadership Positions

**Faculty Senate Vice President**

**Aug. 2025 – Present**

St. Mary's College of Maryland – St. Mary's City, MD

Collaborate with Senate President and VPAA

Oversee Faculty Senate meetings in the Senate President's absence

Fulfill obligations of faculty senator role (see below)

**Institutional Review Board (IRB) Member**

**Aug 2019 – Present**

St. Mary's College of Maryland

Review research proposals for ethical treatment of human research participants

Consult with other IRB members

**Workgroup Participant**

**July 2025**

American Psychological Association (APA) Think Tank on Educational Equity and Workforce Development

Brainstormed strategies to promote systemic change

Co-wrote recommendations for specific actions and initiatives

Presented workgroup recommendations to other think tank participants and APA leadership

Directly informed APA's [Racial Equity Action Plan](#)

**Faculty Senator**

**Aug. 2023 – May 2025**

St. Mary's College of Maryland – St. Mary's City, MD

Participate in regular meetings of the faculty senate

Contribute agenda items based on input from other faculty

Vote on issues pertaining to college governance

**Co-Chair of the Middle States Self-Study Working Group on Ethics and Integrity**

**AY23-24**

St. Mary's College of Maryland – St. Mary's City, MD

Co-led meetings of working group

Co-wrote chapter report for Middle States Self-Study for accreditation

Identified sources of evidence to support self-study

**Workgroup Facilitator**

**June 2023**

Equity, Diversity, and Inclusion Think Tank: Psychology's Role in Dismantling Systemic Racism, American Psychological Association (APA)

Developed consensus among workgroup members

Transformed priority statements into objective, tasks, and action steps

**Workgroup Facilitator****June 2023**

Equity, Diversity, and Inclusion Think Tank: Psychology's Role in Dismantling Systemic Racism, American Psychological Association (APA)

- Developed consensus among workgroup members

- Transformed priority statements into objective, tasks, and action steps

**Workgroup Facilitator****June 2023**

Equity, Diversity, and Inclusion Think Tank: Psychology's Role in Dismantling Systemic Racism, American Psychological Association (APA)

- Developed consensus among workgroup members

- Transformed priority statements into objective, tasks, and action steps

**Participant in Knowledge Production Workgroup****May 2022**

Equity, Diversity, and Inclusion Think Tank: Psychology's Role in Dismantling Systemic Racism, American Psychological Association (APA)

- Brainstormed strategies to promote systemic change

- Made recommendations for priority statements

- Presented workgroup recommendations to other think tank participants and APA leadership

- Directly informed APA's [Racial Equity Action Plan](#)

**Listening Session Facilitator/Interviewer****July – August 2021**

Addressing APA's Contribution to Racial Hierarchy and Inequality for Communities of Color in U.S., American Psychological Association (APA) ([Executive Summary](#) of project)

- Recruited psychologists of color to serve as "informants"

- Conducted semi-structured interviews

- Informed the APA's [formal apology](#) for harms of the discipline to communities of color

**Secretary and Treasurer****Sept 2021 – Dec 2021**

Phi Beta Kappa Chapter of St. Mary's College of Maryland

- Oversee financials

- Take minutes at meetings

**Secretary and Treasurer****Sept 2021 – Dec 2021**

Phi Beta Kappa Chapter of St. Mary's College of Maryland

- Oversee financials

- Take minutes at meetings

**President****Jan 2020 – Dec 2021**

American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy)

- Oversee all major operations of the organization, including public advocacy

- Chair meetings of the Executive Board

- Interface with external leaders and agencies

**Council of Undergraduate Research Transformations Team Member****Aug 2020 – May 2021**

Department of Psychology

St. Mary's College of Maryland

**President-Elect (fulfills the role of Vice President)****Jan 2018 – Dec 2019**

American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy)  
 Engaged in organizational decision-making  
 Participated in weekly board meetings, leading them in absence of president  
 Co-edited the inaugural newsletter  
 Campaigned for increased membership and networking

**Values Matrix Committee (Teaching)**

**Aug 2019 – Dec 2019**

Department of Psychology  
 St. Mary's College of Maryland

**Program Review Committee Member**

**Jan 2018 – Jan 2020**

Society for Counseling Psychology  
 Review conference proposals and made recommendations  
 for inclusion in conference program

**Center for Inclusive Teaching and Learning Workgroup Member**

**Summer 2017**

St. Mary's College of Maryland  
 Collaborate with other group members to develop proposed plan for a possible CITL that focuses  
 on neurodiversity and other learning differences  
 Attend and report back from Landmark College training

**Psychology Lecture Series Committee Member**

**AY 2017-2018**

Department of Psychology  
 St. Mary's College of Maryland  
 Secure funding via LFA grant and external departments and units  
 Plan visits from guest speakers

**Leadership Team Member**

**July 2017 – Dec 2017**

Office of Inclusion, Diversity, and Equity (IDE)  
 St. Mary's College of Maryland  
 Collaborate with other team members to determine structure of IDE initiatives and activities  
 Implement campus-wide diversity training via in-person workshops for students, faculty, and  
 staff

**Steering Committee Member/Founding Member**

**Aug 2016 – Dec 2017**

American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy)  
 Co-authored Mission, Vision, Objectives, and Bylaws brief summaries and reports regarding  
 topics relevant to counseling psychologists  
 Established organization as 501(c)3 and recruit members  
 Participated in executive decision-making

**SCP News Writing Team Member**

**June 2016 – May 2019**

Communications, Society for Counseling Psychology (Division 17)  
 American Psychological Association – Washington, D.C.  
 Write brief summaries and reports regarding topics relevant to counseling psychologists  
 Assist in the development, implementation, and maintenance of strategic social media  
 campaigns

**Community Intervention Staff Member****May 2012 – August 2012**

Student Counseling Center

University of Tennessee – Knoxville, TN

Completed literature review regarding effectiveness of suicide prevention/gatekeeper training

Assisted in planning of Annual VolAware Street Fair for Mental Health Awareness and Suicide Prevention

Developed interventions for social media campaign to reduce mental health stigma

**Psychology Graduate Student Association Vice President****August 2011 – May 2012**

Department of Psychology

University of Tennessee – Knoxville, TN

Organized departmental events

Fundraised to support student development in program (conference travel, teaching awards)

Participated in community service projects

**UT Counseling Psychology Visiting Day Student Representative****2011, 2012, 2013**

Department of Psychology

University of Tennessee – Knoxville, TN

Responded to questions posed by prospective students

Discussed program-related requirements, expectations, and personal experience

**Counseling Psychology Student Representative****Jan. 2011 – May 2011**

Department of Psychology

University of Tennessee – Knoxville, TN

Attended monthly faculty meetings

Facilitated and promoted communication between program faculty and students

**Program Assistant for Service and Social Change****Sept. 2006 – May 2007****Service and Social Change Board Member****Sept. 2004 – Dec. 2005**

Student Development Office

St. Mary's College of Maryland – St. Mary's City, MD

Organized, promoted, and managed community service activities for students on and off campus

Managed and participated in community outreach

**Psi Chi Chapter Vice President****Jan. 2005 – May 2007**

St. Mary's College of Maryland – St. Mary's City, MD

Planned and implemented programs and events with the goal of uniting the community of psychology faculty and students

Managed fundraising events and projects

**Grant Proposals****Brief Intervention to Improve Trust and Respect between Healthcare Providers and Patients with Marginalized Identities (unfunded)**

Co-Investigator, Robert Wood Johnson Foundation

**Re-Learning the Past, Re-Framing the Present: An Integrated Approach to General Education (awarded)**

Contributor, NEH Humanities Connection Implementation

**Sexual Orientation Disclosure and Health Outcomes among Arab Americans (unfunded)**

Co-Investigator, Lesbian Health Fund

**Development of the Center for Inclusive Teaching and Learning (awarded)**

Co-Author, Andrew W. Mellon Foundation

**“Teaching Responsibly in the Current Political Climate” (awarded, \$2,300)**

Co-Author, Teaching and Learning Grants, St. Mary’s College of Maryland

## Supervised Clinical Experience

**Doctoral Intern**

**July 2015 – June 2016**

University of Maryland Counseling Center – College Park, MD

Provided brief individual therapy to undergraduate and graduate students

Conducted intake interviews to refer clients for appropriate services

Participated in intern seminars covering a range of topics such as multicultural competence, couples therapy, and integrated treatment for anxiety concerns

Attended supervision with licensed psychologist

Supervisors: Rashanta Bledman, Ph.D.; Jamey Houle, Ph.D.; Jinhee Kang, Ph.D.; Erica Merson, Ph.D.; David Peterson, Ph.D.; Theodore Pickett, Jr., Ph.D.

Training Director: Noah Collins, Ph.D.

**Counseling Intern and Social Justice Practicum Student**

**August 2013 – May 2014**

Family Justice Center – Knoxville, TN

Provided individual, group, and family therapy to members of the community who have experienced family/intimate partner violence

Conducted needs assessment

Attended weekly individual and group supervision

Managed and maintained appropriate documentation (using ETO Software)

Referred clients to appropriate agencies and services (e.g., local shelters)

Developed intervention and evaluation plan for survivors of domestic violence

Supervisors: Amy Dilworth, M.S., L.P.C., M.H.S.P. and Janetta Jamerson, Ph.D.

**Co-Facilitator for Intergroup Dialogue on Sexual Orientation**

**Feb. 2014 – May 2014**

Department of Psychology

University of Tennessee – Knoxville, TN

Facilitated weekly 1.5-hour meetings

Wrote weekly process note

Attended weekly group supervision

Supervisor: Joseph Miles, Ph.D.

**Clinical Supervisor**

**Oct. – Dec. 2013**

Department of Psychology

University of Tennessee – Knoxville, TN

Supervised pre-practicum therapist

Reviewed therapist’s notes and recordings of sessions and provided feedback

Met weekly with individual supervisee and attended weekly group supervision  
 Supervisor: Gina Owens, Ph.D.

**Advanced Practicum Therapist**  
**Practicum Therapist**

**July 2012 – April 2013**  
**January 2011 – May 2012**

Counseling Center

University of Tennessee – Knoxville, TN

Provided individual psychotherapy to university students with issues such as mood disorders, anxiety, trauma, self-harm behavior, adjustment, ADHD, and multicultural issues

Offered Stress and Wellness Clinic services (e.g., relaxation training, time management, substance use management)

Attended weekly individual and group supervision

Maintained appropriate documentation (using Titanium software) and consult as needed

Conducted triage appointments and referred triage clients to appropriate services

Supervisors: Victor Barr, Ph.D., Melissa Bartsch, Ph.D., Jennie Bingham, Ph.D., Connie Briscoe, Ph.D., Paul McAnear, Ph.D., and Ashley Ross, Ph.D.

**Co-Facilitator for Intergroup Dialogue on Gender**

**March 2012 – May 2012**

Department of Psychology

University of Tennessee – Knoxville, TN

Facilitated weekly 1.5-hour meetings

Wrote weekly process note

Attended weekly group supervision

Supervisor: Joseph Miles, Ph.D.

**Interpersonal Group Process Observer**

**January 2012 – May 2012**

Counseling Center

University of Tennessee – Knoxville, TN

Observed weekly meetings of graduate student group

Wrote weekly process note

Attended weekly supervision

Group leaders: Connie Briscoe, Ph.D. and Rashada Walker, M.Ed.

**Pre-practicum Therapist**

**Sept. – Dec. 2010**

Department of Psychology

University of Tennessee – Knoxville, TN

Provided individual psychotherapy to a university student coping with interpersonal issues

Received weekly individual and group supervision

Supervisor: Dawn M. Szymanski, Ph.D.

## **Community Intervention and Outreach**

**Volunteer**

**August 2014**

District of Columbia Public Schools Beautification Project

Worked with local community to paint interior of elementary school

Collaborated with underserved children

**Served as Turkish-English Language Interpreter****April 2014***Women's Empowerment and Sports Diplomacy Panel Discussion*

University of Tennessee Center for Sport, Peace, and Society

Interpreted for visiting basketball coach from Turkey during panel discussion  
for audience of ~300

Assisted in communication between visiting coaches, athletes, US Department of  
State staff, UTK faculty, and administrators

**Certified QPR Gatekeeper Instructor****August 2012-2015**

QPR Training Institute

Learned to provide suicide prevention gatekeeper training (Question, Persuade, Refer)

Contributed to knowledgebase regarding the importance of including experiential learning  
component during QPR training

**OUTstanding Seminar Exploring LGBTIQ Diversity****October 2011, 2012**

University of Tennessee – Knoxville, TN

Provided crisis management support to attendees and presenters

Served as liaison between conference staff and UTK Student Counseling Center

**Out of the Darkness Suicide Prevention Walk Volunteer****April 2012**

Counseling Center

University of Tennessee – Knoxville, TN

Facilitated set-up, operation, and clean-up of event

Provided psychological support to survivors of suicide

**VolAware Street Fair Volunteer****2011, 2012, 2013**

Counseling Center

University of Tennessee – Knoxville, TN

Represented the UT Counseling Center and shared information about services offered

Promoted mental health awareness and taught relaxation techniques

**Professional Memberships****American Arab, Middle Eastern, and North African Psychological Association**

(Former President and Founding Member)

**APA Division 17: Society for Counseling Psychology****APA Division 45: Society for the Psychological Study of Culture, Ethnicity and Race****Phi Beta Kappa – Academic Honor Society****Psi Chi – The International Honor Society in Psychology**