Anandi C. Ehman

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Academic Appointments

Assistant Professor, Department of Psychology

St. Mary's College of Maryland, St. Mary's City, MD

August 2021 - Present

Instructor of Record, Department of Psychology

The University of Mississippi, Oxford, MS Courses taught: General Psychology

August 2019- May 2020

Education

Ph.D. in Clinical Psychology

(APA-Accredited) August 2021

University of Mississippi

Clinical Psychology Doctoral Internship

(APA-Accredited) July 2020-July 2021

Central Arkansas Veterans Healthcare System

Graduate Minor in Statistics May 2020

M.A., Clinical Psychology
University of Mississippi

May 2016

B.A., Psychology & English

Florida Gulf Coast University December 2013

Summa cum Laude

Specialized Skills & Proficiency with: SPSS, MPlus, Jamovi, Qualtrics, Zotero, Research Rabbit, Microsoft Office Suite, Blackboard, & Google Classroom

Grants

External Grants

1. American Psychological Association (APA) Committee on Early Career Psychologists 2024 Convention Registration Fee Grant, \$415, August 2024

St. Mary's College of Maryland Faculty Development Grants

2. Providing Trauma Informed Care to Rural Populations: Special Considerations, \$1,576.71, Spring 2023

1. National Center for Faculty Development & Diversity Membership and R Programming for Data Science Workshop, \$2195, Spring 2022

Peer-Reviewed Publications

- 12. Weber, M. C., Smith, A. J., Jones, R. T., Holmes, G. A., Johnson, A. L., Patrick, R., Alexander, M. D., Miyazaki, Y., Wright, H. M., **Ehman, A. C.,** Langenecker, S., Benight, C., Pyne, J. M., Harris, I. J., Usset, T. J., Maguen, S., & Griffin, B. J. (2022). Moral Injury and Psychosocial Functioning in Healthcare Workers During the COVID-19 Pandemic. *Psychological Services. Special issue: "Spiritually integrated care."*
- 11. **Ehman, A.C.,** Smith, A.J., Wright, H., Benight, C.C., Maguen, S., Pyne, J.M., Cooney, N., & Griffin, B.J. (2022). Exposure to Potentially Morally Injurious Events and Mental Health Problems among Healthcare Workers affected by COVID-19. *Psychological Trauma*.
- 10. **Ehman, A. C.** & Gross, A. (2022) Keyboard Coercion: Online Sexual Aggression Mediates the Relationship Between Perceived Social Norms of Aggressive Behavior and Face-to-Face Sexual Aggression in a College Sample. *Journal of American College Health*.
- 9. Smith, A.J., Wright, H., **Ehman, A.C.,** Griffin, B.J., & Benight, C.C. (2021). Mental Health Risks Differentially Associated with Immunocompromised Status among Healthcare Workers and Family Members at the Pandemic Outset. *Brain, Behavior, & Immunity- Health*.
- 8. Ho, L.Y., Ehman, A.C., & Gross, A. (2021). Gender Roles, Sexual Assertiveness, & Sexual Coercion in LGBTQ Individuals. *Sexuality & Culture*.
- 7. **Ehman, A. C.,** Gross, A. (2018). Sexual Cyberbullying: Review, Critique, & Future Directions. *Aggression and Violent Behavior*. 44, 80-87.
- 6. **Ehman, A. C.,** Schepers, S. A., & Phipps, S. (2018). The Effect of Optimism and Connectedness on Psychological Adjustment of Childhood Cancer Survivors and Healthy Peers. *The Journal of Developmental and Behavioral Pediatrics*: JDBP, 40(3), 208.
- 5. **Ehman, A. C.,** Gross, A. (2018). Acceptance and Commitment Therapy and Motivational Interviewing in the Treatment of Alcohol Use Disorder in a College Woman: A Case Study. *Clinical Case Studies*, *18*(1), 36-53.
- 4. Darden, M.C., **Ehman, A.C.,** Lair, E.C., Gross, A.M. (2018). Sexual Compliance: Examining Relationships Among Sexual Want, Sexual Consent, and Sexual Assertiveness. *Sexuality and Culture*, *23*(1), 220-235. https://doi.org/10.1007/s12119-018-9551-1.
- 3. **Ehman, A. C.,** Lair, E. C., & Gross, A. (2018). The Relationship Between Trait Impulsivity and Cyberbullying Behavior is Accounted for by Sensation Seeking. *The Journal of Bullying and Social Aggression*, 2(1).

- 2. Kimbler, K. J., & Ehman, A. C. (2015). Gerontology and Youth-Focused Service Learning: The Relation Between Service Recipient Age and Student Responses. *Gerontology & geriatrics education*, *36*(4), 384-395.
- 1. Kimbler, K. J., & Ehman, A.C. (2013). Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults. *Gerontologist* (Vol. 53, pp. 280-280)

Book Chapters

- 3. **Ehman, A. C.** & Gross, A. (2020). Assessment Strategies: 1st Wave Case Conceptualization. *Behavior Therapy: First, Second, & Third Waves*.
- 2. **Ehman, A. C.,** Ho, L., & Gross, A. (2019). Sexual Cyberbullying. R. Refinetti (Ed.), *Encyclopedia of Sexuality and Gender*, 1-5.
- 1. Ho, L., **Ehman, A.C**. & Gross, A. (2019). Sexual Want and Consent. R. Refinetti (Ed.), *Encyclopedia of Sexuality and Gender.*, 1-5.

Manuscripts Submitted and In Preparation

- 3. **Ehman, A.C.,** Weber, M.C., Pruett, M.A., Strange, T., Gross, A. (Under Review). Trust in Title IX implementation and perceived social norms of changes to Title IX policy predict future reporting.
- 2. Boppana, S., **Ehman, A.C.,** & Gross, A. (Invitation to revise & resubmit). When Men are the Victims: Factors Impacting Rape Victim Blame & Bystander Aid.
- 1. **Ehman, A. C,** Jordan, L., & Lair, E. C. (Invitation to revise & resubmit). Putting the "Me" In Blame: Independent Vs. Interdependent Construal Message Framing Effects on Victim Blaming and Expressions of Stigma in Sexual Assault Scenarios.

Workshops, Professional Presentations, Talks, & Data Blitzes

- 17. **Ehman, A. C.**, Kalantzis, M., Thomas, C. (2025, August). *A Reckoning at the Crossroads: Applying an Intersectional Lens to Evidence-Based Practice*. Critical Conversation submitted to the Annual Meeting of the American Psychological Association (APA), August 7th-9th, Denver CO.
- 16. **Ehman, A.C.,** Covington, M., Leffers, J., Kurpad, N. (2025, May). *No Grad Students? No Problem!: The Role of Academics at Primarily Undergraduate Teaching Institutions*. Symposium submitted to the Annual Meeting of the Association for Psychological Science (APS), May 22nd-25th, Washington D.C.
- 15. **Ehman, A.C.** (2024, September 19th). *Identity InterACTion: Applying an Intersectional Perspective to Acceptance and Commitment Therapy (ACT)*. Invited Guest Speaker at the Training Clinic for the University of North Carolina Greensboro Clinical Psychology PhD Program, Weekly Didactics, Greensboro, NC, Virtual Meeting.

- 14. Kalantzis, M., Barrita, A., Chang, R., Wong-Padoongpatt, G., **Ehman, A.C.** (2024, August). *A Critical Examination of Microaggressions across Marginalized Identities in Undergraduate and Graduate Students*. Symposium accepted at the Annual Meeting of the American Psychological Association (APA), August 7th-9th, Seattle WA.
- 13. **Ehman, A.C.,** Bastien, G., Berman, I.S., Dille, J., Hamer, J.D. (2024, August). *You Can Go Your Own Way: Diverse Perspectives on Alternative Career Paths in Health Service Psychology.* Critical Conversation accepted at the Annual Meeting of the American Psychological Association (APA), August 7th-9th, Seattle WA.
- 12. **Ehman, A. C.,** Leung, L. B., & Ryu, D. (2023, October) *How to find mentors*. Panel presented at the Implementation Science for Health Equity Lab Meeting, Central Arkansas Veterans Healthcare System/University of Arkansas for Medical Sciences, Virtual Meeting.
- 11. Cheng, J., **Ehman, A.C.,** Knutson, D., Dille, J., Stuart, E. (2023). *From Roots to Branches II: Enhancing Leadership for ECPs through Community Building and Learning*. Invited Panel presented at the Annual Meeting of the American Psychological Association (APA), August 3rd-5th, Washington D.C.
- 10. **Ehman, A.C.,** Weber, M.C. (2023). *Providing Trauma Informed Care to Rural Populations: Special Considerations.* Continuing Education Workshop presented at the 69th Annual Meeting for the Southeastern Psychological Association (SEPA), April 5th-8th, New Orleans LA.
- 9. **Ehman, A.C.,** Griffin, B.G., Coyle, P., Weber, M., Benight, C., Smith, A. (2022). *Healthcare Workers Trajectories of Anxiety During the COVID-19 Pandemic: Implications for Organizational and Community Resilience*. Paper symposium presented at the Annual Meeting for the Association of Behavioral & Cognitive Therapies (ACBT), November 17th-20th, New York City, NY.
- 8. **Ehman, A.C.,** Benight, C., Smith, A., Wright, H., & Griffin, B.G. (2021). *Ethical Exhaustion: Moral Injury Predicts Burnout Among Hospital and Emergency Personnel Affected by COVID-19*. Paper symposium presented at the Annual Meeting for the Southeastern Psychological Association (SEPA), March 17th-20th, held virtually due to COVID-19.
- 7. **Ehman, A.C.,** Gross, A.M. (2021). *Social Norms, Sexual Cyberbullying, & Face to Face Aggression*. Paper symposium presented at the Annual Meeting for Society of Personality and Social Psychology (SPSP), February 9th-13th, held virtually due to COVID-19.
- 6. **Ehman, A.C.,** Gross, A.M. (2020). *I Am She as You Are Me and We Are All Together: The Impact of Self-Construal Language Shifts on Sexual Assault Victim Blaming*. Ignite talk presented at the 18th annual world conference of the Association of Contextual Behavioral Sciences (ACBS), July 16-19, presented online due to COVID-19.
- 5. **Ehman, A.C.**, Lair, E.C. (2019). *Is it Your Fault or Our Responsibility? The Impact of Realistic Individual and Collective Messaging on Victim Blame and Stigma Behaviors*. Data blitz presented at the 6th annual Psychology Department Research Day, April 12th, Oxford M.S.

- 4. **Ehman, A.C.**, Lair, E.C. (2018). *Blame It All on Me: Individual and Collective Construal Priming Effects on Victim Blaming in Sexual Assault*. Data blitz presented at the 5th annual Psychology Department Research Day, April 13th, Oxford M.S.
- 3. **Ehman, A.C.,** Russell, K., Long, A., Phipps, S. (2018). *Optimism and Connectedness in Psychological Wellbeing of Cancer Survivors*. Paper talk presented at the 64th annual meeting of the Southeastern Psychological Association, March 6-9, Charleston S.C.
- 2. **Ehman, A.C.**, Gross, A.M. (2018). *When Wacky Witticisms Won't Work: Graduate School Applications Research and Teaching Statements*. Ignite talk presented at the University of Mississippi Department of Psychology's Annual Research Day, April 20th, Oxford, M.S.
- 1. **Ehman, A.C.,** Gross, A.M. (2017). *How to Write Right: Paperwork and Graduate School Applications*. Talk presented at the University of Mississippi Department of Psychology's Annual Research Day, April 14th, Oxford, M.S.

Poster Presentations

- *Denotes author was a research mentee
- 19. Chase, S.*, **Ehman, A.C.** (2025). *Rattles & Realities*. Poster submitted for presentation at the Annual Meeting of the Association for Psychological Science (APS), May 22nd-25th, Washington D.C.
- 18. Daugherty, E*, **Ehman, A.C.** (2024). *The Relationship Between Obsessive-Compulsive Disorder, Eating Disorders, and Magical Thinking*. Poster accepted for presentation at the Annual Meeting for the Association of Cognitive and Behavioral Therapies (ABCT), November 14th-17th, Philadelphia, PA.
- 17. Michels, G.*, Crew, R.*, **Ehman, A.C.** (2024). *Differences in Sexual Coercion and Assault Among Heterosexual and SGM Individuals*. Poster accepted at the Annual Meeting for the Eastern Psychological Association (EPA), February 29th-March 2nd, Philadelphia, PA.
- 16. Halsey, S.*, Johnson, A.*, **Ehman, A.C.** (2024). *Beneath the Screen: Exploring Cyberbullying, Dark Triad Traits, Greek Life, Gender, & Sexuality.* Poster accepted at the Annual Meeting for the Eastern Psychological Association (EPA), February 29th-March 2nd, Philadelphia, PA.
- 15. Crew, R.*, Michels, G.*, **Ehman, A.C.** (2024). *Did He Try To Prevent It?: Differential Attitudes Towards Sexual Assault Victims*. Poster accepted at the Annual Meeting for the Eastern Psychological Association (EPA), February 29th-March 2nd, Philadelphia, PA.
- 14. Fitzpatrick, J.*, Fraser, A.*, **Ehman, A.C.,** Weber, M. (2023). *Uncertain but not Unaffected: Sexual Assault Uncertainty and Post-Traumatic-Stress Symptoms*. Poster presented at the 69th Annual Meeting for the Southeastern Psychological Association (SEPA), April 5th-8th, New Orleans LA.

- 13. Bjornard, K., **Ehman, A.C.,** &, Phipps, S. (2022). *Rightfully worried? Actual vs. perceived fertility risk and relationship to psychological functioning in AYA survivors of pediatric cancer.* Poster presented at International Society of Pediatric Oncology's 54th Annual Convention (SIOP), Sept. 28th- Oct 1.
- 12. Weber, M.C., **Ehman, A.C.,** Gross, A.M. (2020) *Help! I Need Somebody, Maybe? Perceived Social Support May Matter More Than Tangible Support for Post-Traumatic Growth and Post-Traumatic Symptoms*. Poster presented at the 36th annual conference of the International Society for Traumatic Stress Studies (ISTSS), November 5-7, presented online due to COVID-19.
- 11. **Ehman, A.C.,** Gross, A.M. (2020) *Do These Violent Delights Have Violent Ends? Social Norms, Alcohol, and Sexual Cyberbullying*. Poster presented at the 18th annual world conference of the Association of Contextual Behavioral Sciences (ACBS), July 16-19, presented online due to COVID-19.
- 10. **Ehman, A.C.,** Weber, M. C., Lair, E.C. (2020) *Is Victimization the New Normal? Perceived Social Norms of Title IX Changes, Victim Blame, Bystander Willingness to Help, & Post-trauma Outcomes.* Poster presented at Annual Meeting for Society of Personality and Social Psychology (SPSP), February 27th-30th, New Orleans, LA.
- 9. **Ehman, A.C.,** Lair, E.C. (2019) We Get By With a Little Help From Our Friends: Victim Blame Mediates the Relationship Between Construal Prime and Perceived Intentions to Help Victims. This Mediation is Moderated by Gender. Poster presented at the 53rd Annual meeting of the Association of Behavioral and Cognitive Therapies (ABCT), November 21-24, Atlanta G.A.
- 8. **Ehman, A.C.,** Russell, K., Phipps, S.P. (2019). *Rightfully Worried? Estimations of Fertility Risk, Anxiety, Depression, and Neuroticism in Survivors of Pediatric Cancer and Healthy Peers.* Poster presented at the 31st Annual Convention for the Association of Psychological Science (APS), May 23-26, Washington, D.C.
- 7. *McMullen, A., **Ehman, A.C.**, Lair, E.C. (2019). *You're the Problem, We're the Solution: Individual vs. Collective Message Framing in Sexual Assault Victim Blaming*. Poster presented at the Annual Meeting of the Society for Social and Personality Psychology (SPSP), February 7-9, Portland O.R.
- 6. **Ehman, A.C.,** Lair, E.C. (2017). *Putting the "Me" in Blame: Self & Collective Construal Priming Effects on Sexual Assault Victim Blaming.* Poster presented at the 29th annual meeting of the Association for Psychological Science (APS), May 24-28, Boston M.A.
- 5. **Ehman, A.C.**, Simmons, J.L., Russell, K.M., Lehmann, V., & Klosky J.L. (2017). *Predicting Risky Sexual Behavior Among Young Adult Females with and without a History of Childhood Cancer: Does Human Papillomavirus (HPV) Vaccination Matter?* Poster accepted at the 29th annual meeting of the Association for Psychological Science (APS), May 24-28, Boston M.A.

- 4. Ehman, A.C., Lair, E.C. & Gross, A.M. (2016). Some Men Just Want to Watch the World Burn: The role of Empathy, Impulsivity, and Sensation Seeking in Cyberbullying Behavior of College Students. Poster presented at the 50th annual meeting of the Association of Behavioral and Cognitive Therapies (ABCT), October 27-30, New York, NY.
- 3. Kimbler, K., & Ehman, A.C. (November 2013). Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults. Poster presented at the annual meeting of the Gerontological Society of America (GSA), New Orleans, LA.
- 2. Ehman, A.C. (December 2013). Gender Related Attribution Biases in Errors Involving Instrumental Activities of Daily Living. Poster presented at Florida Gulf Coast University's "STEM Symposium".
- 1. Kimbler, K., & Ehman, A.C. (December 2013). Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults. Poster presented at Florida Gulf Coast University's "Teaching, Learning and Assessment Initiative" (TLAI).

Teaching Experience

St.	Mary's	College	e of Maryl	land

St. Mary's College of Mar	ryland	
Psychology of Gender		Spring 2024, Spring 2025
	Psychopathology	Spring 2022, Spring 2023, Fall 2023, Fall 2024
	Scientific Writing & Professional Development	Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024
	Collaborative Research	Summer 2022
	Directed Research	Semesterly Spring 2022-Present
	Counseling Theories & Methods	Fall 2021, Fall 2022, Spring 2024, Fall 2024, Spring 2025
The University of Mississ	иррі	
	General Psychology	Fall 2019- Spring 2020

Mentoring

Statistics Tutor

St. Mary's Projects (senior thesis)

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Alejandro Silva	Spring 2025-Fall 2025
Ashley Johnson	Fall 2024-Spring 2025
Henok Bedasso	Fall 2024-Spring 2025
Sanai Chase	Fall 2024-Spring 2025

Fall 2016-Spring 2019

^{*}Asterisk denotes a mentee who has been admitted to a masters program, ** denotes a mentee who has been admitted to a PhD program

Raven Davis Alessandra Boersting Joseph Plass Eve Gregory Elizabeth Daughtry *Megan Stephen *Amira Whitaker *Brianna Corbin Ian Adams	Fall 2024-Spring 2025 Fall 2024-Spring 2025 Fall 2024-Spring 2025 Spring 2024-Fall 2024 Fall 2023-Spring 2024 Fall 2023-Spring 2024 Fall 2023-Spring 2024 Fall 2023-Spring 2024 Spring 2023-Fall 2023
*Vanessa Casarrubias	Fall 2022-Spring 2023
Isabel Hanson	Fall 2022-Spring 2023
Alaska Heintzelman	Fall 2022-Spring 2023
Alessia Regazzoni	Fall 2022-Spring 2023
*Julia Cutroneo	Fall 2022-Spring 2023
Mary-Claire Basso-Luca	Fall 2022-Spring 2023

Directed Research

Sanai Chase	Fall 2024
Daniel Ake	Fall 2024
Elsa Oates	Fall 2024
Clara Divjak	Fall 2024
*Megan Stephen	Spring 2024
Elizabeth Daughtry	Fall 2023-Spring 2024
Ashley Johnson	Fall 2023-Fall 2024
Gabrielle Blew	Fall 2023-Spring 2024
*Greta Michels	Fall 2022-Spring 2024
*Raina Crew	Fall 2022-Spring 2024
Sadiyyah Holsey	Spring 2022-Fall 2023
**Julia Fitzpatrick	Spring 2022-Spring 2023
**April Fraser	Spring 2022 & Spring 2023
Imani Kayeye	Fall 2022-Spring 2023
*Samorah Neal	Fall 2022
Kiterra Scott	Fall 2022
*Maddeline Mayuga	Spring 2022
Angelie Roche	Spring 2022
Claire Ruble	Spring 2022

Clinical Interests

My primary clinical interests are in the assessment and treatment of diverse patients with multiple complex comorbidities, particularly those patients with limited access to services. I have training and experience with the following presenting issues: trauma, substance abuse, emotional dysregulation, anxiety, depression, chronic suicidal ideation, and self-injurious behaviors. My theoretical orientation relies on a functional contextual and behavioral case-conceptualization and emphasizes the promotion of psychosocially healthy and adaptive behavior. I have extensive training and experience in evidence-based therapies, with emphasis in: Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Cognitive Processing Therapy (CPT), Written

Exposure Therapy (WET), Cognitive Behavioral Therapy (CBT), and first wave behavioral techniques including functional analysis.

Clinical	Experiences	&	Training
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July 2020-July 2021
August 2018-May 2020
August 2018-May 2019
August 2017-December 2017
July-2017-July 2020
July 2015-July 2016
May 2015-July 2020

Professional Affiliations

Eastern Psychological Association (EPA)	Fall 2023-Present
Mid-Atlantic Chapter of the Association for Contextual & Behavioral	Fall 2022-Present
Sciences (MAC-ACBS)	1411 2022 11050110
Maryland Psychological Association (MPA)	Spring 2022-Present

American Psychological Association (APA)
Association for Contextual Behavioral Science (ACBS)

Spring 2022- Present Spring 2020- Present

Chair of the Committee on Inclusion, Diversity,
& Equity (IDE) for the St. Mary's College of
Maryland Faculty Senate

Fall 2024-Present

Member of the Ad-hoc Committee on Inclusion, Diversity, & Equity (IDE) for the St. Mary's College of Maryland Faculty Senate

Fall 2023-Spring 2024

Reviewer for the St. Mary's College of Maryland Internal Review Board (IRB)

Fall 2023-Present

Co-Faculty Advisor for Womxn in STEM Housing (WiSH)

Fall 2022-Spring 2024

Co-Chair for the Inclusion, Diversity, & Equity (IDEs) committee for the Psychology Department

Fall 2024-Present

Committee member for the Inclusion, Diversity, & Equity (IDEs) committee for the Psychology Department

Fall 2022-Present

Service to the Profession

Committee Co-Chair for Diversity, Equity, & Inclusion (DEI) committee of the Association for Contextual & Behavioral Sciences (ACBS) Mid-Atlantic Chapter

Fall 2022- Present

Ad Hoc Peer Reviewer

Journal of Sex Research
Psychological Trauma
Violence Against Women
Current Psychology
Aggression and Violent Behavior
Clinical Case Studies
American Journal of Sexuality Education
Computers in Human Behavior
Nordic Journal of Feminist and Gender Research
Journal of Happiness Studies
Journal of Social Education Research