

# Anandi C. Ehman

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## Academic Appointments

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### **Assistant Professor, Department of Psychology**

*St. Mary's College of Maryland, St. Mary's City, MD*

August 2021 - Present

Courses taught: Counseling Theories & Methods,  
Psychopathology, Directed Research, & Collaborative Research

### **Instructor of Record, Department of Psychology**

*The University of Mississippi, Oxford, MS*

August 2019- May 2020

Courses taught: General Psychology

### **Statistics Tutor, Department of Psychology**

*The University of Mississippi, Oxford, MS*

August 2017-May 2019

## Education

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### **Clinical Psychology Doctoral Internship**

(APA-Accredited)

July 2020-July 2021

Central Arkansas Veterans Healthcare System

### **Ph.D. in Clinical Psychology**

(APA-Accredited)

August 2021

University of Mississippi

### **Graduate Minor in Statistics**

May 2020

### **M.A., Clinical Psychology**

University of Mississippi

May 2016

### **B.A., Psychology & English**

Florida Gulf Coast University

December 2013

*Summa cum Laude*

## Peer-Reviewed Publications

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11. Ehman, A.C., Smith, A.J., Wright, H., Benight, C.C., Maguen, S., Pyne, J.M., Cooney, N.,

& Griffin, B.J. (2022). Exposure to Potentially Morally Injurious Events and Mental Health

Problems among Healthcare Workers affected by COVID-19. *Psychological Trauma*. (In

production.)

10. **Ehman, A. C.** & Gross, A. (2022) Keyboard Coercion: Online sexual aggression mediates the relationship between perceived social norms of aggressive behavior and face-to-face sexual aggression in a college sample. *Journal of American College Health*. 1-10.
9. Smith, A.J., Wright, H., **Ehman, A.C.**, Griffin, B.J., & Benight, C.C. (2021). Mental Health Risks Differentially Associated with Immunocompromised Status among Healthcare Workers and Family Members at the Pandemic Outset. *Brain, Behavior, & Immunity- Health*, 15, 100285.
8. Ho, L.Y., **Ehman, A.C.**, & Gross, A. (2021). Gender Roles, Sexual Assertiveness, & Sexual Coercion in LGBTQ Individuals. *Sexuality & Culture*, 25(4), 1469-1489.
7. **Ehman, A. C.**, Gross, A. (2018). Sexual Cyberbullying: Review, Critique, & Future Directions. *Aggression and Violent Behavior*. 44, 80-87.
6. **Ehman, A. C.**, Schepers, S. A., & Phipps, S. (2018). The Effect of Optimism and Connectedness on Psychological Adjustment of Childhood Cancer Survivors and Healthy Peers. *The Journal of Developmental and Behavioral Pediatrics: JDBP*, 40(3), 208.
5. **Ehman, A. C.**, Gross, A. (2018). Acceptance and Commitment Therapy and Motivational Interviewing in the Treatment of Alcohol Use Disorder in a College Woman: A Case Study. *Clinical Case Studies*, 18(1), 36-53.
4. Darden, M.C., **Ehman, A.C.**, Lair, E.C., Gross, A.M. (2018). Sexual Compliance: Examining Relationships Among Sexual Want, Sexual Consent, and Sexual Assertiveness. *Sexuality and Culture*, 23(1), 220-235. <https://doi.org/10.1007/s12119-018-9551-1>.
3. **Ehman, A. C.**, Lair, E. C., & Gross, A. (2018). The Relationship Between Trait Impulsivity and Cyberbullying Behavior is Accounted for by Sensation Seeking. *The Journal of Bullying and Social Aggression*, 2(1).

2. Kimbler, K. J., & **Ehman, A. C.** (2015). Gerontology and Youth-Focused Service Learning: The Relation Between Service Recipient Age and Student Responses. *Gerontology & geriatrics education, 36*(4), 384-395.

1. Kimbler, K. J., & **Ehman, A.C.** (2013). Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults. *Gerontologist* (Vol. 53, pp. 280-280)

### **Book Chapters**

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3. **Ehman, A. C.** & Gross, A. (2020). Assessment Strategies: 1<sup>st</sup> Wave Case Conceptualization.

*Behavior Therapy: First, Second, & Third Waves.*

2. **Ehman, A. C.,** Ho, L., & Gross, A. (2019). Sexual Cyberbullying. R. Refinetti

(Ed.), *Encyclopedia of Sexuality and Gender*, 1-5.

1. Ho, L., **Ehman, A.C.** & Gross, A. (2019). Sexual Want and Consent. R. Refinetti

(Ed.), *Encyclopedia of Sexuality and Gender.*, 1-5.

### **Manuscripts Submitted and In Preparation**

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*\*Denotes author was a research mentee*

5. Boppana, S., **Ehman, A.C.,** & Gross, A. (Revise & Resubmit received from *Journal of Interpersonal Violence*). When Men are the Victims: Factors Impacting Rape Victim Blame & Bystander Aid.

4. Weber, M. C., Smith, A. J., Jones, R. T., Holmes, G. A., Johnson, A. L., Patrick, R., Alexander, M. D., Miyazaki, Y., Wright, H., **Ehman, A. C.,** Langenecker, S., Benight, C. C., Pyne, J. M., Harris, I. J., Usset, T. J., Maguen, S., & Griffin, B. J. (Accepted pending minor revisions *Psychological Services*) Moral injury and psychosocial functioning in healthcare workers during the COVID-19 pandemic.

3. **Ehman, A. C.**, Jordan, L., & Lair, E. C. (in preparation). *Putting the “Me” In Blame: Independent Vs. Interdependent Construal Message Framing Effects on Victim Blaming and Expressions of Stigma in Sexual Assault Scenarios.*
2. **Ehman, A. C.**, Weber, M. C., \*Fitzpatrick, J., \*Fraiser, A., \*Pruitt, M., Strange, T., & Gross, A. (in preparation). The impact of perceived social norms of changes to Title IX policy on victims’ help seeking & reporting behaviors, and post-traumatic outcomes: Wave 1.
1. **Ehman, A. C.**, Weber, M. C., \*Pruitt, M., Strange, T., & Gross, A. (in preparation). Trust in Title IX implementation and perceived social norms of changes to the Title IX policy predict likelihood of future reporting: A mixed methods study.

#### **Workshops, Professional Presentations, Talks, & Data Blitzes**

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9. **Ehman, A.C.**, Weber, M.C. (2023). *Providing trauma informed care to rural populations: Special Considerations.* Workshop accepted at the 69<sup>th</sup> Annual Meeting for the Southeastern Psychological Association (SEPA), April 5<sup>th</sup>-8<sup>th</sup>, New Orleans LA.
8. **Ehman, A.C.**, Benight, C., Smith, A., Wright, H., & Griffin, B.G. (2021). *Ethical Exhaustion: Moral Injury Predicts Burnout Among Hospital and Emergency Personnel Affected by COVID-19.* Paper symposium accepted at the Annual Meeting for the Southeastern Psychological Association (SEPA), March 17<sup>th</sup>-20<sup>th</sup>, held virtually due to COVID-19.
7. **Ehman, A.C.**, Gross, A.M. (2021). *Social Norms, Sexual Cyberbullying, & Face to Face Aggression.* Paper symposium accepted at the Annual Meeting for Society of Personality and Social Psychology (SPSP), February 9<sup>th</sup>-13<sup>th</sup>, held virtually due to COVID-19.
6. **Ehman, A.C.**, Gross, A.M. (2020). *I Am She as You Are Me and We Are All Together: The Impact of Self-Construal Language Shifts on Sexual Assault Victim Blaming.* Ignite talk

presented at the 18<sup>th</sup> annual world conference of the Association of Contextual Behavioral Sciences (ACBS), July 16-19, presented online due to COVID-19.

5. **Ehman, A.C.**, Lair, E.C. (2019). *Is it Your Fault or Our Responsibility? The Impact of Realistic Individual and Collective Messaging on Victim Blame and Stigma Behaviors*. Data blitz presented at the 6<sup>th</sup> annual Psychology Department Research Day, April 12<sup>th</sup>, Oxford M.S.

4. **Ehman, A.C.**, Lair, E.C. (2018). *Blame It All on Me: Individual and Collective Construal Priming Effects on Victim Blaming in Sexual Assault*. Data blitz presented at the 5<sup>th</sup> annual Psychology Department Research Day, April 13<sup>th</sup>, Oxford M.S.

3. **Ehman, A.C.**, Russell, K., Long, A., Phipps, S. (2018). *Optimism and Connectedness in Psychological Wellbeing of Cancer Survivors*. Paper talk presented at the 64<sup>th</sup> annual meeting of the Southeastern Psychological Association, March 6-9, Charleston S.C.

2. **Ehman, A.C.**, Gross, A.M. (2018). *When Wacky Witticisms Won't Work: Graduate School Applications Research and Teaching Statements*. Ignite talk presented at the University of Mississippi Department of Psychology's Annual Research Day, April 20<sup>th</sup>, Oxford, M.S.

1. **Ehman, A.C.**, Gross, A.M. (2017). *How to Write Right: Paperwork and Graduate School Applications*. Talk presented at the University of Mississippi Department of Psychology's Annual Research Day, April 14<sup>th</sup>, Oxford, M.S.

### **Poster Presentations**

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*\*Denotes author was a research mentee*

13. Bjornard, K., **Ehman, A.C.**, &, Phipps, S. (2022). *Rightfully worried? Actual vs. perceived fertility risk and relationship to psychological functioning in AYA survivors of pediatric cancer*. Poster presented at International Society of Pediatric Oncology's 54th Annual Convention (SIOP), Sept. 28th- Oct 1.

12. Weber, M.C., **Ehman, A.C.**, Gross, A.M. (2020) *Help! I Need Somebody, Maybe? Perceived Social Support May Matter More Than Tangible Support for Post-Traumatic Growth and Post-Traumatic Symptoms*. Poster presented at the 36<sup>th</sup> annual conference of the International Society for Traumatic Stress Studies (ISTSS), November 5-7, presented online due to COVID-19.
11. **Ehman, A.C.**, Gross, A.M. (2020) *Do These Violent Delights Have Violent Ends? Social Norms, Alcohol, and Sexual Cyberbullying*. Poster presented at the 18<sup>th</sup> annual world conference of the Association of Contextual Behavioral Sciences (ACBS), July 16-19, presented online due to COVID-19.
10. **Ehman, A.C.**, Weber, M. C., Lair, E.C. (2020) *Is Victimization the New Normal? Perceived Social Norms of Title IX Changes, Victim Blame, Bystander Willingness to Help, & Post-trauma Outcomes*. Poster presented at Annual Meeting for Society of Personality and Social Psychology (SPSP), February 27<sup>th</sup>-30<sup>th</sup>, New Orleans, LA.
9. **Ehman, A.C.**, Lair, E.C. (2019) *We Get By With a Little Help From Our Friends: Victim Blame Mediates the Relationship Between Construal Prime and Perceived Intentions to Help Victims. This Mediation is Moderated by Gender*. Poster presented at the 53<sup>rd</sup> Annual meeting of the Association of Behavioral and Cognitive Therapies (ABCT), November 21-24, Atlanta G.A.
8. **Ehman, A.C.**, Russell, K., Phipps, S.P. (2019). *Rightfully Worried? Estimations of Fertility Risk, Anxiety, Depression, and Neuroticism in Survivors of Pediatric Cancer and Healthy Peers*. Poster presented at the 31<sup>st</sup> Annual Convention for the Association of Psychological Science (APS), May 23-26, Washington, D.C.
7. \*McMullen, A., **Ehman, A.C.**, Lair, E.C. (2019). *You're the Problem, We're the Solution: Individual vs. Collective Message Framing in Sexual Assault Victim Blaming*. Poster presented at

the Annual Meeting of the Society for Social and Personality Psychology (SPSP), February 7-9, Portland O.R.

6. **Ehman, A.C.**, Lair, E.C. (2017). *Putting the “Me” in Blame: Self & Collective Construal Priming Effects on Sexual Assault Victim Blaming*. Poster presented at the 29<sup>th</sup> annual meeting of the Association for Psychological Science (APS), May 24-28, Boston M.A.

5. **Ehman, A.C.**, Simmons, J.L., Russell, K.M., Lehmann, V., & Klosky J.L. (2017). *Predicting Risky Sexual Behavior Among Young Adult Females with and without a History of Childhood Cancer: Does Human Papillomavirus (HPV) Vaccination Matter?* Poster accepted at the 29<sup>th</sup> annual meeting of the Association for Psychological Science (APS), May 24-28, Boston M.A.

4. **Ehman, A.C.**, Lair, E.C. & Gross, A.M. (2016). *Some Men Just Want to Watch the World Burn: The role of Empathy, Impulsivity, and Sensation Seeking in Cyberbullying Behavior of College Students*. Poster presented at the 50<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies (ABCT), October 27-30, New York, NY.

3. Kimbler, K., & **Ehman, A.C.** (November 2013). *Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults*. Poster presented at the annual meeting of the Gerontological Society of America (GSA), New Orleans, LA.

2. **Ehman, A.C.** (December 2013). *Gender Related Attribution Biases in Errors Involving Instrumental Activities of Daily Living*. Poster presented at Florida Gulf Coast University’s “STEM Symposium”.

1. Kimbler, K., & **Ehman, A.C.** (December 2013). *Student Responses to Service Learning: Unique Learning and Attitude Benefits from Working with Older Adults*. Poster presented at Florida Gulf Coast University’s “Teaching, Learning and Assessment Initiative” (TLAI).

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### **Grant Funding**

St. Mary’s College of Maryland Faculty Development Grant

November 2021

**Mentoring** (\*indicates students who was also in collaborative research over Summer '22)

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*St. Mary's Projects*

Mary Claire Baso-Luca	Fall 22-Present
Vanessa Casarrubias	Fall 22-Present
Julia Cutroneo	Fall 22-Present
Isabelle Hanson*	Fall 22-Present
Alaska Heintzleman	Fall 22-Present
Alessia Regazzoni	Fall 22-Present

*Directed Research*

Kiterra Scott	Fall 22-Present
Greta Michaels	Fall 22-Present
Raina Crewe	Fall 22-Present
Imani Kayeye	Fall 22-Present
Samorah Neal	Fall 22-Present
Sadiyyah Holsey	Spring 22-Present
Claire Ruble	Spring 22
Maddeline Mayuga	Spring 22
Angelie Roche	Spring 22
April Frasier	Spring 22-Present
Julia Fitzpatrick	Spring 22-Present

*Collaborative Research*

Summer Taylor	Summer 22
Caroline Taylor	Summer 22
Jannah 'Jay' Mawuli	Summer 22
Katherine Cymek	Summer 22
Mackenzie Ellis	Summer 22
Nicholas Ashenfelter	Summer 22

**Clinical Interests**

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My primary clinical interests are in the assessment and treatment of diverse patients with multiple complex comorbidities, particularly those patients with limited access to services. I have training and experience with the following presenting issues: trauma, substance abuse, emotional dysregulation, anxiety, depression, disordered eating, chronic suicidal ideation, and self-injurious behaviors. My theoretical orientation relies on a functional contextual and behavioral case-conceptualization and emphasizes the promotion of psychosocially healthy and adaptive behavior. I have extensive training and experience in evidence-based therapies, with emphasis in: Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Prolonged Exposure (PE), Cognitive Behavioral Therapy (CBT), and first wave behavioral techniques including functional analysis.

**Licenses & Certifications**

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Licensed Psychologist, Maryland Board of Examiners of Psychologists	August 2022-Present
Maryland Board of Examiners of Psychologists Jurisprudence Exam	Passed August 2022
Examination for Professional Practice in Psychology (EPPP)	Passed July 2017



Narcan Training & Overdose Response Certification  
Kink Aware Professional (KAP) Certification

August 2019  
February 2020

### **Clinical Experiences & Training**

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Psychology Intern

Supervisors:

Erica Moseby, Ph.D., Jordan Williams, Ph.D., Barbara McLeod,  
Ph.D., Brandon Griffin, Ph.D.

July 2020-July 2021

Central Arkansas Veterans Healthcare System  
Little Rock, AR

Graduate Student LGBTQ+ Process Group Co-Leader

Supervisor: Laura Johnson, Ph.D.

August 2018-May  
2020

The University of Mississippi, Oxford, MS

Graduate Student Therapist

Supervisors: Daniel Deason, Ph.D., Mary Ward-Black, Ph.D.

August 2018-May  
2019

University of Mississippi Counseling Center

The University of Mississippi, Oxford, MS

Graduate Student DBT Group Co-Leader

Supervisor: Laura Dixon, Ph.D.

August 2017-  
December 2017

Psychological Services Center

The University of Mississippi, Oxford, MS

Graduate Student Contract Assessor

Supervisor: Scott Gustafson, Ph.D., Shannon Sharp Ph.D.

July-2017-July 2020

Psychological Assessment Center

The University of Mississippi, Oxford, MS

Psychological & Behavioral Services Graduate Intern

Supervisor: Scott Bethay, Ph.D.

July 2015-July 2016

North Mississippi Regional Center (NMRC), Oxford, MS

Graduate Student Individual Therapist

Supervisors: Alan Gross, Ph.D., Scott Gustafson, Ph.D., Kelly  
Wilson, Ph.D., Laura Dixon, Ph.D.

May 2015-July 2020

Psychological Services Center

The University of Mississippi, Oxford, MS

### **Professional Affiliations**

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International Society for Traumatic Stress Studies (ISTSS)

Spring 2020- Present

Association for Contextual Behavioral Science (ACBS)

Spring 2020- Present

Association for Behavioral and Cognitive Therapies (ABCT)

Spring 2016-Present

American Psychological Association

Spring 2022- Present

Society for Personality and Social Psychology (SPSP)

Spring 2019- Present

Southeastern Psychological Association (SEPA)  
Society for a Science of Clinical Psychology (SSCP)  
Association for Psychological Science (APS)

Spring 2018-Present  
Spring 2020-Spring 2021  
Spring 2017-Spring 2018

### **Professional Service**

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Co-Advisor of SMCM Women in Science House	Fall 2020-Present
Member of Psychology Department Faculty Search Committee in Behavioral Neuroscience	Fall 2022-Present
Member of the Psychology Department Inclusion, Diversity, & Equity Committee	Fall 2022-Present
Senior Graduate Student Representative to the committee for the University of Mississippi Department of Psychology's 1st Annual Diversifying Psychology Event	Spring 2020
Senior Clinical Student Representative to the Chair of the Department of Psychology	August 2018-May 2019
Clinical Graduate Student Representative to the committee for the University of Mississippi Department of Psychology's Annual Research Day	January 2017-May 2020
Graduate Student Contributing Author to University of Mississippi's Department of Psychology Clinical Student Survival Guide	January 2016-August 2016

### **Ad Hoc Peer Reviewer**

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*Violence Against Women*  
*Current Psychology*  
*Aggression and Violent Behavior*  
*Clinical Case Studies*  
*American Journal of Sexuality Education*  
*Computers in Human Behavior*  
*Nordic Journal of Feminist and Gender Research*  
*Journal of Happiness Studies*  
*Journal of Social Education Research*