KRISTINA HOWANSKY, Ph.D.

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ACADEMIC APPOINTMENTS

Assistant Professor, Department of Psychology St. Mary's College of Maryland, St. Mary's City, MD	2019 – Present
Adjunct Professor, Department of Psychology Rutgers University, New Brunswick, NJ	2014 – 2019
Adjunct Professor, Honors College Rutgers University, New Brunswick, NJ	2018
Adjunct Professor, Department of Psychology, Drew University, Madison, NJ	2015

EDUCATION

Ph.D. Social Psychology, Rutgers University

May 2019

Advisor: Shana Cole

Dissertation: Causes and consequences of biased perception of transgender individuals

M.S. Psychology, Rutgers University

October 2015

Advisor: Shana Cole

Thesis: Getting warmer: The optimal distance for motivating climate change

mitigation

B.A. Psychology & Marine Biology, Rollins College

May 2012

HONORS AND AWARDS

*Mamie Phipps Clark Diversity Research Grants, <i>Psi Chi</i>	Summer 2021
*Mamie Phipps Clark Diversity Research Grants, Psi Chi	Fall 2021
Faculty Development Grant, St. Mary's College of Maryland	2019, 2020, 2021
*Wilbert J. McKeachie Teaching Excellence Award, STP	2019
Dissertation Research Award, American Psychological Association	2018
*Honors College Teaching Fellowship, Rutgers University	2018 – 2019
*Social Area Award for Exceptional Teaching, Rutgers University	2018
*TA Professional Development Fund Award, Rutgers University	2018
*Honors College Teaching Fellowship, Rutgers University	2017 - 2018
Student Travel Award, Society for Interpersonal Theory and Research	2017

Graduate Student Poster Award, Society for Personality and Social Psycholog	y 2017
Graduate Student Travel Award, Society for Personality and Social Psycholog	y 2017
Wayne F. Placek Grant, American Psychological Foundation	2016
*TA Professional Development Fund Award, Rutgers University	2016
*Social Area Award for Exceptional Teaching, Rutgers University	2016
Psychology Travel Grant, Rutgers University	2016
Student Poster Award Runner-Up, Society for Personality and Social Psychological Psych	gy 2016
*Hybrid Grant Course Conversion Award, Rutgers University	2016
Social Area Award for Exceptional Service, Rutgers University	2015
Graduate School of Arts and Science Travel Grant, Rutgers University	2015
Social Area Travel Grant, Rutgers University	2014, 2015
Psychology Travel Grant, Rutgers University	2014
Designated Master Scholar, New York University	2012
Fiat Lux Award for Outstanding Student Leadership, Rollins College	2012
Outstanding Service Award in Psychology, Rollins College	2012
Award for Outstanding Achievement in Marine Biology, Rollins College	2012
Centennial Scholarship, Rollins College	2008 - 2012
Cram Science Scholarship, Rollins College	2008 - 2012
Alonzo Scholarship, Rollins College	2008 - 2012

^{*}Teaching grants, fellowships, and awards

PUBLICATIONS

Journal & Other Peer-Reviewed Publications

Howansky, K., Maimon, M., & Sanchez, D. (2021). Identity safety cues predict instructor impressions, belonging, and absences in the higher-ed classroom. *Teaching of Psychology*. Advance online publication. https://doi.org/10.1177/0098628321990362

Howansky. K., Nucci, M. L, Cuite, C. L., & Jordan, R. (2021). (I think) I know, therefore I act: Examining the role of students' self-assessed knowledge on pro-environmental action. *Journal of Sustainability Education*. Advance online publication.

Howansky, K., Wilton, L., & Young, D., Abrams, S.*, & Clapham, R.* (2021). (Trans)gender stereotypes and the self: Content and consequences of gender identity stereotypes. *Self and Identity*, *20*(4), 478 – 495. https://doi.org/10.1080/15298868.2019.1617191

Maimon, M., Sanchez, D., Albuja, A., **Howansky, K.** (2021) Bisexual identity denial: The unique influence of identity denial experiences on bisexual mental health, meta-

perceptions, and social concerns. *Self and Identity, 20*(4), 515 – 227. https://doi.org/10.1080/15298868.2019.1624275

Howansky, K., Albuja, A., & Cole, S. (2020). Seeing gender: Perceptual representations of transgender individuals. *Social Psychological and Personality Science*, *11*(4), 474 – 482. https://doi.org/10.1177/1948550619875143

Howansky, K., Dominick, J. K., & Cole, S. (2018). The look of success or failure: Biased self-perceptions serve as informational feedback during goal pursuit. *Motivation Science*, *5*(4), 314 – 325. https://doi.org/10.1037/mot0000121

Manuel, S. K., **Howansky, K.**, Chaney, K., Sanchez, D. (2017). No rest for the stigmatized: An organizational health and workplace sexism (OHWS) model. *Sex Roles*, 77(9-10), 697-708. https://doi.org/10.1007/s11199-017-0755-x

Bruno, S.*, **Howansky, K.**, Albuja, A.F., Cole, S. (2016). Believing is seeing: The influence of a transgender label on visual perception and attitudes. *Rutgers Research Review*, 1(1).

Gecha, S.*, **Howansky, K.**, & Cole, S. (2016). Perceived and objective knowledge about politics as predictors of political activism. *Rutgers Research Review*, 1(1).

Houston, J. M., Harris, P. B., **Howansky, K**., & Houston, S. M. (2015). Winning at work: Trait competitiveness, personality types, and occupational interests. *Personality and Individual Differences, 76*, 49-51. https://doi.org/10.1016/j.paid.2014.11.046

Manuscripts Under Review

Howansky, K., Wittlin, N., Bonagura, D.*, & Cole, S. (Under Revision). Him, her, them, or neither: Misgendering and degendering of transgender individuals.

Maimon, M., **Howansky, K.**, & Sanchez, D. (Under Revision). Fostering inclusivity: Exploring the impact of identity safety cues and instructor gender on students' impressions and belonging.

Wilton, L., Young, D., & **Howansky**, **K**. (Under Revision). Initial evidence for shifting race essentialism beliefs in the anti-racist classroom.

Howansky, K. Maimon, M., & Sanchez, D. Signaling safety for whom? Identity safety cues across student identities in the psychology classroom.

Manuscripts in Preparation (Advanced Stages)

Howansky, K., Young, D., Wilton, L., Moorhead, A.* (Trans)gender stereotypes across racial groups: The relationships between stereotypes and deleterious consequences for transgender individuals.

Maimon, M., **Howansky, K.**, Blair, E.*, & Chen, J. Perceived legitimacy of bisexual identity and exclusion from lesbian and gay spaces

Invited Blog Posts

Howansky, K. (2019, October 10). Three things I wish I knew as a graduate student teacher [Blog post]. Retrieved from https://teachpsych.org/page-1784686/7927016

PRESENTATIONS

Oral Presentations

Howansky, K., Wittlin, N., Albuja, A., Cole, S., Wilton, L., & Young, D. (2021, February). The cognitive and perceptual identity denial of transgender individuals. Society for Personality and Social Psychology Social Cognition Pre-Conference, Virtual Due to COVID19.

Howansky, K., Maimon, M., & Sanchez, D. (2020, October). Safety cues: Signaling inclusion to increase belonging and engagement. Society for the Teaching of Psychology's Annual Conference on Teaching, Virtual Due to COVID19.

Howansky, K., Moorhead, A.*, Green, S.*, Wilton, L., & Young, D. (2020, June). (Trans)gender stereotypes: Content and consequences of cross-racial transgender stereotypes. Society for the Psychological Study of Social Issues Conference, Denver, CO. (Conference canceled due to COVID19)

(A. Moorhead recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

Howansky, K. (2019, August). Overcoming barriers to student success. American Psychological Association Conference, Chicago, IL.

Howansky, K., Albuja, A., & Cole, S. (2018, June). Perceptual misgendering: Perceptual biases contribute to classification of transgender individuals. Society for the Psychological Study of Social Issues Conference, Pittsburgh, PA.

Cole, S., **Howansky, K.**, & Kline, J. (2018, May). Do goal-relevant behaviors affect self-perceptions? Duck Conference on Social Cognition, Corolla, NC.

Howansky, K., Albuja, A., & Cole, S. (2018, March). Bias is in the eye of the beholder: A perceptual and attentional process model of transgender discrimination. Society for Personality and Social Psychology Gender Pre-Conference, Atlanta, GA.

Cole, S., **Howanksy, K.**, & Kline, J. (2017, October). The look of success: Biased self-perceptions act as informational feedback during goal pursuit. Society for Experimental Social Psychology, Boston, MA.

Howansky, K., Albuja, A., & Cole, S. (2017, July). Bias is in the eye of the beholder: How perception contributes to prejudice against transgender individuals. Society for Interpersonal Theory and Research, Pittsburgh, PA.

Cole, S., **Howanksy, K.**, & Albuja, A. (2016, May). Bias in the eye of the beholder: How perception and attention contribute to transgender discrimination. Duck Conference on Social Cognition, Corolla, NC.

Howansky, K., Albuja, A., Cole, S., & Bruno, S.* (2016, April). Bias is in the eye of the beholder: The influence of perception on evaluations of transgender individuals. Hunter College Psychology Convention, New York, NY.

Invited Talks

Howansky, K. (2021, April). Transparent data practices: Tips & tools to level-up your data game. *Spring 2021 Virtual Colloquium Series*, Rutgers University.

Howansky, K. (2020, September). Transparent data practices: Tips & tools to level-up your data game. *Social Perception, Action, & Motivation Lab*, New York University.

Howansky, K. (2020, 2019, Fall). Getting into graduate school and CV development workshop. St. Mary's College of Maryland.

Howansky, K. (2018, September). Advances in data practices: Power analysis, p-curve, mini-meta, and more. *Social Perception, Action, & Motivation Lab,* New York University.

Howansky, K. (2017, December). The graduate school experience: The importance of success and failure. *Psychological Alliance Graduate Symposium,* Rutgers University.

Howansky, K., Kline, J., & Cole, S. (2017, November). The look of success or failure: Biased self-perceptions serve as informational feedback during goal pursuit. *Social Perception, Action, & Motivation Lab,* New York University.

Howansky, K., Albuja, A., & Cole, S. (2017, March). Bias is in the eye of the beholder: How perception contributes to prejudice against transgender individuals. *Social Psychology Colloquium Series*, Rutgers University.

Poster Presentations

Maimon, M., **Howansky, K.**, Sanchez, D. (2021). Identity safety cues benefit student engagement, belonging, and instructor impressions. Society for the Psychological Study of Social Issues Conference, Virtual Due to COVID19.

Van Wert, S.*, **Howansky, K.** (2021, February). Roleplaying video games & the gender identity development of transgender individuals. Society for Personality and Social Psychology Conference, Virtual Due to COVID19.

(S. Van Wert recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland)

Moorhead, A.*, Mawuli, J.*, **Howansky, K.**, Young, D., Wilton, L. (2021, February). (Trans)gender stereotypes across racial groups: The relationships between stereotypes and deleterious consequences for transgender racial minorities. Society for Personality and Social Psychology Conference, Virtual Due to COVID19.

(J. Mawuli recipient of Undergraduate Psychology Research Fund Grant, St. Mary's College of Maryland

Benares, B.*, Bleckner, I.*, **Howansky, K.**, Young, D., Cole, S., & Wilton, L. (2020, February). Expressions elicited by attention to transgender individuals. Society for Personality and Social Psychology Conference, New Orleans, Louisiana.

Bonagura, D.*, **Howansky, K.**, & Cole, S. (2020, February). "He" can take it: Masculinity bias and perceptions of violence toward transgender women. Society for Personality and Social Psychology Conference, New Orleans, Louisiana.

Kal, S.*, **Howansky, K.**, & Cole, S. (2019, April). The dangers of biased perception: An exploration of transgender visual biases and their effect on aggression. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Bonagura, D.*, **Howansky, K**. Albuja, A., Cole, S. (2018, March). Is "she" the right person for the job? The use of pronouns when considering transgender job applicants. Eastern Psychological Association Conference, Boston, Massachusetts.

Bruno, S.*, **Howansky, K.**, Albuja, A., Cole, S. (2017, March). Believing is seeing: The influence of category labels on visual perception. Eastern Psychological Association Conference, Boston, Massachusetts.

Howansky, K., Albuja, A., Bruno, S.*, Cole, S. (2017, January). Bias is in the eye of the beholder: Perceptual biases influence evaluations of transgender individuals. Society for Personality and Social Psychology Conference, San Antonio, Texas. **Graduate Student Poster Award.**

Howansky, K., Cole, S. (2016, May). Getting warmer: The optimal distance for motivating climate change mitigation. Association for Psychological Science Annual Convention, Chicago, IL.

Bruno, S.*, **Howansky, K.**, Albuja, A.F., Cole, S. (2016, April). Believing is seeing: The influence of a transgender label on visual perceptions and attitudes. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Galasso, M.*, **Howansky, K.**, Cole, S. (2016, April). Think ahead: The influence of future mindset on pro-environmental intentions. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Gecha, S.*, **Howansky, K.**, Cole, S. (2016, April). The more (you think) you know: The role of perceived knowledge of politics on activism intentions. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Howansky, K, Cole, S. (2016, January). The more (you think) you know: Perceived knowledge of climate change predicts pro-environmental behavior. Society for Personality and Social Psychology Conference, San Diego, California. **Graduate Student Poster Award Runner-Up.**

Howansky, K., Cole, S. (2015, May). What do you actually know? Exploring the gap between perceived and objective climate change knowledge. Association for Psychological Science Annual Convention, New York, NY.

Manual, S., **Howansky, K.,** Chaney, K., Sanchez, D. (2015, May). Sick on the job: Consequences of a sexist work environment for female employees. Association for Psychological Science Annual Convention, New York, NY.

Aiello, J.R., **Howansky, K**., Brennan, K.* (2015, April). Beyond mere presence: When distraction facilitates performance. Society for Industrial and Organizational Psychology Conference, Philadelphia, PA.

Harris, P.B., Houston, S., **Howansky, K**., Collins, J., Scartozzi, M. (2015, March). Making a difference? Individual actions students believe will limit climate change. Southeastern Psychological Association Conference. Hilton Head, South Carolina.

Aiello, J.R., **Howansky, K**., Singh, P.*, Matthew, J.*, Shod, K.*, Ortiz, C.* (2015, February). The influence of physical and electronic presence on performance and

psychology. Society for Personality and Social Psychology Conference, Long Beach, California.

Howansky, K., Aiello, J.R., & Glushakow, J.M. (2014, August). Toward an integrated model of social facilitation. American Psychological Association Conference, Washington, D.C.

Alcantara, P.*, **Howansky, K.**, & Aiello, J.R. (2014, April). Expanding presence in social facilitation research: How cameras and other types of indirect presence affect performance. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Kosakowski, S.*, **Howansky, K**., & Aiello, J.R. (2014, April). Developing a reliable methodology for social facilitation tasks. Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Harris P. B., Houston, J. M., Scartozzi, M., **Howansky, K.**, & Collins, J. (2013, August). Relating political and environmental ideologies to denial of climate change. American Psychological Association Conference, Honolulu, HI.

Howansky, K., Harris, P. B., Collins, J., & Scartozzi, M. (2013, January). Applying the theory of planned behavior to describe and predict pro-environmental actions related to climate change. Society for Personality and Social Psychology Conference, New Orleans, Louisiana.

Houston, J. M., Harris, P. B., Chan, R., Kissinger, A., & **Howansky, K**. (2012, August). Winning in the workplace: Competitiveness and occupational interests. American Psychological Association Conference, Orlando, Florida.

Harris, P. B., Collins, J., **Howansky, K.**, & Scartozzi, M. (2012, February). Climate change: Attitudes, denial, control, and behavior. Southeastern Psychological Association Conference, New Orleans, Louisiana.

Podcast Contributor

Howansky, K. (Contributor). (2021, January 19). How can I employ radical empathy to teach during a pandemic? (No. 058) [Audio podcast episode]. In *PsychSessions: Conversations about Teaching N' Stuff*.

https://www.stitcher.com/s?eid=80934013&refid=asa

Howansky, K. (Contributor). (2018, September 17). Controversial topics and diversity in the classroom (No. 2) [Audio podcast episode]. In *TAPcast*. Rutgers TA

^{*}Denotes undergraduate co-author/presenter

UNDERGRADUATE TEACHING EXPERIENCE

Instructor

St. Mary's College of Maryland

Psychological Science, Summer Bridge Program
Psychology of Sharks
Winter 2020, Summer 2021
Psychology Research, Analysis, and Writing II
Spring 2020
Social Psychology
Psychological Research, Analysis, and Writing I
Psychological Statistics
Fall 2019 – Summer 2020

Rutgers University

Quantitative Methods-Online HybridSummers 2016 – 2019, Spring 2019Social PsychologyFall 2017, Springs 2017 – 2019Honors College Innovation ForumSpring 2018, Fall 2018Quantitative MethodsSummer 2015Behavioral Data AnalysisSummer 2014

Drew University

Laboratory in Social Psychology Fall 2015

Teaching Assistant

Rutgers University

General Psychology: Gateway Recitation Instructor Fall 2018
Social Psychology Falls 2015 – 2016, Spring 2018
Adolescent Development Springs 2017 – 2018
General Psychology Spring 2016, Falls 2016 – 2017
Infant and Child Development Fall 2017
Abnormal Psychology Spring 2017
Quantitative Methods Recitation Instructor Falls 2013 – 2015, Springs 2014 – 2015

Guest Lecturer

Rutgers University

Abnormal Psychology Fall 2017
General Psychology Spring 2017
Social Psychology Fall 2016
Quantitative Methods Fall 2014

Middlesex County College

Introduction to Psychology Fall 2015

UNDERGRADUATE MENTORSHIP

Social-Personality Undergraduate Research Mentor

2021 - Present

Society for Personality and Social Psychology

Isaias Ghezae: Probing the relationship between collective existential threat and motivated outgroup perception

St. Mary's Project Supervisor

St. Mary's College of Maryland

2020 - 2021

Erika Blair: Perceived legitimacy of bisexual identity and exclusion from

lesbian and gay spaces

Oliver Brady: How does the number of past sexual partners affect perceived

attractiveness?

Kenzie Brooks & Lynx Gabinet-Bethoulle: Perceptual biases of ex-convicts

trustworthiness and employment discrimination

Josephina Pisano: Perceptual conformity: Investigating the effects of social influence on perceived attraction

Honors Thesis Supervisor

Rutgers University

Darla Bonagura 2017 – 2018

Thesis: Perceptual misgendering and aggression towards Black transwomen Recipient of the Henry Rutgers Scholars Thesis Award

Thomas Buchenot 2016 – 2017

Thesis: Visual attention and attitudes towards transgender individuals

Cooper Fellowship Supervisor

Rutgers University

Shreya Bajpai	2017
Caitlin Smith	2016
Carlos Ortiz	2014

Aresty Research Grant Supervisor

Rutgers University

Sharon Kal	2018 – 2019
Josephine Kim	2017 – 2018
Olivia Wallden	2016 – 2017
Monica Galasso	2015 – 2016
Sydney Gecha	2015 – 2016
Samantha Bruno	2015 – 2016

GRADUATE TEACHING EXPERIENCE

Guest Lecturer

Conservation: Human-Animal Relationships
CUNY – Hunter College

Designing Your Own Course Seminar
Rutgers University

Rutgers Academy for the Scholarship of Teaching and Learning
Rutgers University

Designing Your Own Course Seminar
Rutgers University

Teaching Assistant Orientation
Rutgers University

Summer 2020

Fall 2018

Fall 2017

Fall 2017

Summer 2017

Rutgers University

PROFESSIONAL TRAINING

Adult Mental Health First Aid Training Spring 2021 National Council for Behavioral Health **Decolonizing Psychology Training Conference** Spring 2021 Columbia University Academics for Black Survival and Wellness Summer 2020 Academics for Black Lives **Culturally Proficient Leadership** Spring 2020 St. Mary's College of Maryland Academy for the Scholarship of Teaching & Learning Fellow Fall 2017 – Spring 2019 **Rutgers University Honors College Fellow** Spring 2018 – Fall 2018 Rutgers University Honors College

Rutgers Online Learning Conference Rutgers University	Spring 2016
Designing Your Own Course Seminar Rutgers University	Fall 2014
History and Future of (Mostly) Higher Education Duke University	Spring 2014
University Teaching 101 Johns Hopkins University	Spring 2014

PROFESSIONAL SERVICE

Ad-Hoc Reviewer

Journals

Social Cognition
Australian Journal of Psychology
Frontiers in Psychology
Journal of Applied Research in Memory and Cognition
Climatic Change

Textbooks

Grison, S., & Gazzaniga, M. *Psychology in your life.* (4th Ed.) Morling, B. *Research methods in psychology: Evaluating a world of information*. (4th Ed.)

Departmental/University Service

Campus Life Committee Faculty Representative to Board	2020 – Present
Psychology Inclusivity, Diversity, & Equity Committee	2020 – Present
Lecture Series Committee	2020 – Present
2021 – 2022 Series: The Psychology of COVID-19 and Public	c Health
2020 – 2021 Series: Intervention science: Harnessing psychology to address	
oppressive systems.	
Counseling Psychology Search Committee	Spring 2020
Rutgers Social and Health Area Graduate Student President	2014 – 2015
Rutgers Social and Health Area Graduate Student Vice-President	2013 - 2016

Judging Responsibilities

SPSSI Teaching Grant 2021 – Present

McKeachie Teaching Excellence Award	2020 – Present
American Psychological Association Division 8 Reviewer	2017 – 2018
American Psychological Association Division 9 Reviewer	2017 – 2018
Society for Personality and Social Psychology Graduate Poster	2018
Award Reviewer	
Aresty Undergraduate Research Symposium Judge	2015 – 2017
Society for Personality and Social Psychology Outstanding Research	h 2016
Award Reviewer	
Association for Psychological Science RISE Award Reviewer	2016
Society for the Study of Motivation Poster Reviewer	2015

Conference Service

Affective and Behavioral Regulatory Processes Conference Co-Organizer	2017
Society for the Study of Motivation Conference Volunteer	2016

SPECIALIZED SKILLS

SPSS

Qualtrics

Inquisit

Survey Monkey

Sakai

Blackboard

Moodle

Tobii Eyetracker X-30

Shimmer GSR & Heart Rate Monitor

Emotient FACET Facial Emotion Software

iMotions

Camtasia

PROFESSIONAL MEMBERSHIPS

Society for the Teaching of Psychology

American Psychological Association

Society for Personality and Social Psychology

Society for the Psychological Study of Social Issues

Eastern Psychological Association

International Society for Self and Identity